

**CHA KEE HUNGER RUN 2024**

27 OCT 2024 (SUN)

**10km French Toast (Individual) Run - Men Junior**

Rank	Competition	Category	Bib No.	Name (Eng)	Official Time	Chip Time	Burnt / Donated Calories
1	10km French Toast (Individual) Run	Men Junior	A0003	KWOK HEI LONG	1:24:54	1:24:32	Please refer to E-Certificate
N/A	10km French Toast (Individual) Run	Men Junior	A0001	COWPERTHWAITA ALEXIS	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Junior	A0002	GAO NICHOLAS HENG GANG	DNS	DNS	N/A

**10km French Toast (Individual) Run - Women Junior**

Rank	Competition	Category	Bib No.	Name (Eng)	Official Time	Chip Time	Burnt / Donated Calories
1	10km French Toast (Individual) Run	Women Junior	A0004	KWOK CALLIE ANNE	1:05:36	1:05:19	Please refer to E-Certificate
2	10km French Toast (Individual) Run	Women Junior	A0005	PHIEU CAMILLE	1:07:20	1:06:52	Please refer to E-Certificate
3	10km French Toast (Individual) Run	Women Junior	A0006	WONG HELEN	1:12:51	1:12:44	Please refer to E-Certificate

**10km French Toast (Individual) Run - Men Senior Group A**

Rank	Competition	Category	Bib No.	Name (Eng)	Official Time	Chip Time	Burnt / Donated Calories
1	10km French Toast (Individual) Run	Men Senior Group A	B0078	PUN YI TIK	0:36:47	0:36:47	Please refer to E-Certificate
2	10km French Toast (Individual) Run	Men Senior Group A	B0070	MAN SIU LEUNG	0:37:33	0:37:30	Please refer to E-Certificate
3	10km French Toast (Individual) Run	Men Senior Group A	B0908	CHU MAN SHING ANSON	0:38:05	0:38:05	Please refer to E-Certificate
4	10km French Toast (Individual) Run	Men Senior Group A	B0008	CHAN HO YIN	0:41:49	0:41:49	Please refer to E-Certificate
5	10km French Toast (Individual) Run	Men Senior Group A	B0033	HO TAK NGAI	0:43:07	0:43:05	Please refer to E-Certificate
6	10km French Toast (Individual) Run	Men Senior Group A	B0047	LAI CHEUK KWAN	0:43:38	0:43:26	Please refer to E-Certificate
7	10km French Toast (Individual) Run	Men Senior Group A	B0045	LAI WING CHI	0:44:21	0:44:20	Please refer to E-Certificate
8	10km French Toast (Individual) Run	Men Senior Group A	B0050	LAU CHUN WAI	0:45:36	0:45:33	Please refer to E-Certificate
9	10km French Toast (Individual) Run	Men Senior Group A	B0049	LAU CHAK HANG	0:47:59	0:47:56	Please refer to E-Certificate
10	10km French Toast (Individual) Run	Men Senior Group A	B0055	LEE HON FAI	0:48:51	0:48:47	Please refer to E-Certificate
11	10km French Toast (Individual) Run	Men Senior Group A	B0020	CHENG PAK TO PATRICK	0:49:00	0:47:58	Please refer to E-Certificate
12	10km French Toast (Individual) Run	Men Senior Group A	B0021	CHENG CHUNG YU	0:50:36	0:50:08	Please refer to E-Certificate
13	10km French Toast (Individual) Run	Men Senior Group A	B0051	LAU CHUN HIN	0:52:32	0:52:30	Please refer to E-Certificate
14	10km French Toast (Individual) Run	Men Senior Group A	B0018	CHENG TONY	0:52:44	0:51:46	Please refer to E-Certificate
15	10km French Toast (Individual) Run	Men Senior Group A	B0032	DURANTI RICCARDO	0:53:04	0:52:56	Please refer to E-Certificate
16	10km French Toast (Individual) Run	Men Senior Group A	B0093	WONG CHUN KI	0:53:06	0:52:40	Please refer to E-Certificate
17	10km French Toast (Individual) Run	Men Senior Group A	B0056	LEE MING HIN	0:53:40	0:53:32	Please refer to E-Certificate
18	10km French Toast (Individual) Run	Men Senior Group A	B0036	HUI KA HANG	0:54:13	0:54:01	Please refer to E-Certificate
19	10km French Toast (Individual) Run	Men Senior Group A	B0046	LAI CHI YING	0:54:25	0:54:20	Please refer to E-Certificate
20	10km French Toast (Individual) Run	Men Senior Group A	B0058	LEUNG HIU FUNG	0:55:05	0:54:49	Please refer to E-Certificate
21	10km French Toast (Individual) Run	Men Senior Group A	B0019	CHENG TSZ LONG	0:56:37	0:56:25	Please refer to E-Certificate
22	10km French Toast (Individual) Run	Men Senior Group A	B0099	YIP CHUNG KI	0:56:46	0:56:06	Please refer to E-Certificate
23	10km French Toast (Individual) Run	Men Senior Group A	B0041	KA HO KWONG	0:56:54	0:56:29	Please refer to E-Certificate
24	10km French Toast (Individual) Run	Men Senior Group A	B0044	LAI TSZ WAI	0:57:27	0:57:21	Please refer to E-Certificate
25	10km French Toast (Individual) Run	Men Senior Group A	B0034	HO MAN LOK	0:58:02	0:57:45	Please refer to E-Certificate
26	10km French Toast (Individual) Run	Men Senior Group A	B0081	SIN KAI HO	0:58:24	0:58:07	Please refer to E-Certificate
27	10km French Toast (Individual) Run	Men Senior Group A	B0100	YIP CHING NGAI	0:59:07	0:58:48	Please refer to E-Certificate
28	10km French Toast (Individual) Run	Men Senior Group A	B0097	YANG FANJUN	1:02:24	1:02:10	Please refer to E-Certificate
29	10km French Toast (Individual) Run	Men Senior Group A	B0015	CHAU WING HIN	1:02:26	1:02:20	Please refer to E-Certificate
30	10km French Toast (Individual) Run	Men Senior Group A	B0028	CHIU KWOK HUNG	1:03:04	1:02:55	Please refer to E-Certificate
31	10km French Toast (Individual) Run	Men Senior Group A	B0080	SIEW EDDIE	1:03:05	1:02:43	Please refer to E-Certificate
32	10km French Toast (Individual) Run	Men Senior Group A	B0086	TAM JIT HIN	1:03:06	1:02:51	Please refer to E-Certificate
33	10km French Toast (Individual) Run	Men Senior Group A	B0083	SUN TSUN CHEUNG	1:03:28	1:03:01	Please refer to E-Certificate
34	10km French Toast (Individual) Run	Men Senior Group A	B0022	CHENG ROYE	1:03:31	1:02:54	Please refer to E-Certificate
35	10km French Toast (Individual) Run	Men Senior Group A	B0012	CHAN KWAN LOK	1:04:03	1:03:50	Please refer to E-Certificate
36	10km French Toast (Individual) Run	Men Senior Group A	B0079	SETO WAI LUN	1:05:33	1:05:09	Please refer to E-Certificate
37	10km French Toast (Individual) Run	Men Senior Group A	B0074	NG HOI FUNG	1:06:03	1:05:43	Please refer to E-Certificate
38	10km French Toast (Individual) Run	Men Senior Group A	B0075	NG HIN TING MORRIS	1:06:27	1:06:14	Please refer to E-Certificate
39	10km French Toast (Individual) Run	Men Senior Group A	B0054	LEE HO YEUNG	1:07:48	0:57:35	Please refer to E-Certificate
40	10km French Toast (Individual) Run	Men Senior Group A	B0065	MA KAM MING	1:10:47	1:10:13	Please refer to E-Certificate
41	10km French Toast (Individual) Run	Men Senior Group A	B0069	MAN CHUNG SHING	1:11:53	1:11:33	Please refer to E-Certificate
42	10km French Toast (Individual) Run	Men Senior Group A	B0077	NIGHTINGALE CONNOR	1:12:16	1:11:56	Please refer to E-Certificate
43	10km French Toast (Individual) Run	Men Senior Group A	B0009	CHAN CHI KIT	1:16:15	1:16:13	Please refer to E-Certificate
44	10km French Toast (Individual) Run	Men Senior Group A	B0087	TANG CHUN WING	1:17:48	1:17:45	Please refer to E-Certificate
45	10km French Toast (Individual) Run	Men Senior Group A	B0017	CHENG VINCENT	1:21:06	1:14:36	Please refer to E-Certificate
46	10km French Toast (Individual) Run	Men Senior Group A	B0042	KO HO WAI	1:21:50	1:20:56	Please refer to E-Certificate
47	10km French Toast (Individual) Run	Men Senior Group A	B0010	CHAN YAT FUNG	1:28:10	1:27:32	Please refer to E-Certificate
48	10km French Toast (Individual) Run	Men Senior Group A	B0071	MISHRA ANISH	1:29:35	1:28:59	Please refer to E-Certificate
49	10km French Toast (Individual) Run	Men Senior Group A	B0073	NG RYAN	1:34:30	1:33:57	Please refer to E-Certificate
50	10km French Toast (Individual) Run	Men Senior Group A	B0098	YEUNG JACK	1:34:30	1:33:57	Please refer to E-Certificate
51	10km French Toast (Individual) Run	Men Senior Group A	B0090	TSE TSUN NGOK EVEREST	1:37:06	1:36:32	Please refer to E-Certificate
52	10km French Toast (Individual) Run	Men Senior Group A	B0089	TSE KIN TUNG	1:37:26	1:32:01	Please refer to E-Certificate
53	10km French Toast (Individual) Run	Men Senior Group A	B0011	CHAN HO KAI	1:40:36	1:40:07	Please refer to E-Certificate
N/A	10km French Toast (Individual) Run	Men Senior Group A	B0007	AU YEUNG CHUNG KAI	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Senior Group A	B0037	HUI KA MING	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Senior Group A	B0040	HUNG KIN NAM	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Senior Group A	B0092	WONG YEUNG HEI	DNS	DNS	N/A

**10km French Toast (Individual) Run - Women Senior Group A**

Rank	Competition	Category	Bib No.	Name (Eng)	Official Time	Chip Time	Burnt / Donated Calories
1	10km French Toast (Individual) Run	Women Senior Group A	B0905	KWOK TSZ YAN	0:49:10	0:49:05	Please refer to E-Certificate
2	10km French Toast (Individual) Run	Women Senior Group A	B0025	CHENG CHEN DANIELA	0:51:18	0:51:10	Please refer to E-Certificate
3	10km French Toast (Individual) Run	Women Senior Group A	B0038	HUI WAN TUNG	0:51:43	0:51:32	Please refer to E-Certificate
4	10km French Toast (Individual) Run	Women Senior Group A	B0076	NG SIN YIN	0:52:35	0:52:31	Please refer to E-Certificate
5	10km French Toast (Individual) Run	Women Senior Group A	B0048	LAM TSZ CHING SAMMI	0:54:53	0:54:47	Please refer to E-Certificate
6	10km French Toast (Individual) Run	Women Senior Group A	B0057	LEE WING KI	0:55:05	0:54:57	Please refer to E-Certificate
7	10km French Toast (Individual) Run	Women Senior Group A	B0101	YIP WAI TING	0:59:14	0:59:04	Please refer to E-Certificate
8	10km French Toast (Individual) Run	Women Senior Group A	B0024	CHENG SZE HANG	0:59:38	0:59:08	Please refer to E-Certificate
9	10km French Toast (Individual) Run	Women Senior Group A	B0102	YIP WAI YAN	1:00:36	1:00:25	Please refer to E-Certificate
10	10km French Toast (Individual) Run	Women Senior Group A	B0067	MAIZE MELISSA	1:01:21	1:01:00	Please refer to E-Certificate
11	10km French Toast (Individual) Run	Women Senior Group A	B0103	YUEN WAN KEE	1:03:30	1:03:04	Please refer to E-Certificate
12	10km French Toast (Individual) Run	Women Senior Group A	B0066	MAHATO AKRITI	1:03:53	1:03:23	Please refer to E-Certificate
13	10km French Toast (Individual) Run	Women Senior Group A	B0072	MÜLLER SELINA JOY	1:04:33	1:03:57	Please refer to E-Certificate
14	10km French Toast (Individual) Run	Women Senior Group A	B0026	CHEUNG MEI TING	1:05:15	1:04:57	Please refer to E-Certificate
15	10km French Toast (Individual) Run	Women Senior Group A	B0014	CHAN TSZ YAN	1:06:08	1:05:46	Please refer to E-Certificate
16	10km French Toast (Individual) Run	Women Senior Group A	B0016	CHAU HOI TONG	1:06:22	1:06:08	Please refer to E-Certificate
17	10km French Toast (Individual) Run	Women Senior Group A	B0062	LI POLLY	1:06:38	1:06:38	Please refer to E-Certificate
18	10km French Toast (Individual) Run	Women Senior Group A	B0039	HUI SIN YAU	1:06:55	1:06:24	Please refer to E-Certificate
19	10km French Toast (Individual) Run	Women Senior Group A	B0064	LO LOKMAN JOCASTA	1:10:43	1:10:31	Please refer to E-Certificate
20	10km French Toast (Individual) Run	Women Senior Group A	B0095	WONG TSZ CHING	1:11:23	1:10:54	Please refer to E-Certificate
21	10km French Toast (Individual) Run	Women Senior Group A	B0060	LEUNG MUNG TING	1:12:04	1:11:54	Please refer to E-Certificate
22	10km French Toast (Individual) Run	Women Senior Group A	B0023	CHENG UEN SHAN	1:12:07	1:11:42	Please refer to E-Certificate
23	10km French Toast (Individual) Run	Women Senior Group A	B0085	TAI SZE YUET	1:12:38	1:12:11	Please refer to E-Certificate
24	10km French Toast (Individual) Run	Women Senior Group A	B0035	HO HIO TONG	1:14:03	1:13:40	Please refer to E-Certificate
25	10km French Toast (Individual) Run	Women Senior Group A	B0030	CHOW KEI YIU	1:14:16	1:07:46	Please refer to E-Certificate
26	10km French Toast (Individual) Run	Women Senior Group A	B0088	TONG TSZ CHING	1:14:20	1:14:04	Please refer to E-Certificate
27	10km French Toast (Individual) Run	Women Senior Group A	B0084	SZE WING YAN	1:15:32	1:15:06	Please refer to E-Certificate
28	10km French Toast (Individual) Run	Women Senior Group A	B0027	CHEUNG WING KI	1:16:56	1:16:46	Please refer to E-Certificate
29	10km French Toast (Individual) Run	Women Senior Group A	B0013	CHAN WAN YEE	1:17:35	1:17:24	Please refer to E-Certificate
30	10km French Toast (Individual) Run	Women Senior Group A	B0043	KWOK YIN TING	1:18:41	1:18:12	Please refer to E-Certificate
31	10km French Toast (Individual) Run	Women Senior Group A	B0096	WONG KIT YING	1:19:08	1:18:58	Please refer to E-Certificate
32	10km French Toast (Individual) Run	Women Senior Group A	B0031	CHU HAU LAM	1:19:34	1:19:00	Please refer to E-Certificate
33	10km French Toast (Individual) Run	Women Senior Group A	B0068	MAK JASMINE	1:20:26	1:19:51	Please refer to E-Certificate
34	10km French Toast (Individual) Run	Women Senior Group A	B0061	LEUNG ON YEE EDITH	1:24:26	1:23:49	Please refer to E-Certificate
35	10km French Toast (Individual) Run	Women Senior Group A	B0052	LAU YIN CHING	1:28:13	1:27:35	Please refer to E-Certificate

36	10km French Toast (Individual) Run	Women Senior Group A	B0063	LI TSZ KWAN	1:39:34	1:34:10	Please refer to E-Certificate
N/A	10km French Toast (Individual) Run	Women Senior Group A	B0029	CHOI YAN KI PRAISE	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Senior Group A	B0053	LAU PUI YAN	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Senior Group A	B0059	LEUNG MAN YIN	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Senior Group A	B0082	SO WAI KI	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Senior Group A	B0091	TSUI HIU KI	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Senior Group A	B0094	WONG WAI TING	DNS	DNS	N/A

**10km French Toast (Individual) Run - Men Senior Group B**

Rank	Competition	Category	Bib No.	Name (Eng)	Official Time	Chip Time	Burnt / Donated Calories
1	10km French Toast (Individual) Run	Men Senior Group B	C0227	MAK YUN LEUNG	0:35:54	0:35:54	Please refer to E-Certificate
2	10km French Toast (Individual) Run	Men Senior Group B	C0907	LAM YU GIT	0:38:29	0:38:29	Please refer to E-Certificate
3	10km French Toast (Individual) Run	Men Senior Group B	C0283	TAN CHUIE	0:39:38	0:39:37	Please refer to E-Certificate
4	10km French Toast (Individual) Run	Men Senior Group B	C0126	CHAN WAI LOK	0:39:59	0:39:56	Please refer to E-Certificate
5	10km French Toast (Individual) Run	Men Senior Group B	C0196	KWOK WAI KIN	0:40:05	0:40:00	Please refer to E-Certificate
6	10km French Toast (Individual) Run	Men Senior Group B	C0162	CHUNG KA LOK	0:41:03	0:41:00	Please refer to E-Certificate
7	10km French Toast (Individual) Run	Men Senior Group B	C0904	MILLER RYAN	0:42:56	0:42:56	Please refer to E-Certificate
8	10km French Toast (Individual) Run	Men Senior Group B	C0225	LEE HON KIT	0:43:39	0:43:32	Please refer to E-Certificate
9	10km French Toast (Individual) Run	Men Senior Group B	C0299	TSE HO LUN	0:44:02	0:44:00	Please refer to E-Certificate
10	10km French Toast (Individual) Run	Men Senior Group B	C0228	LEUNG KA WAI	0:44:22	0:44:15	Please refer to E-Certificate
11	10km French Toast (Individual) Run	Men Senior Group B	C0249	MAN WAI KIN	0:44:28	0:44:28	Please refer to E-Certificate
12	10km French Toast (Individual) Run	Men Senior Group B	C0294	TSANG YAT WING	0:44:55	0:44:48	Please refer to E-Certificate
13	10km French Toast (Individual) Run	Men Senior Group B	C0298	TSANG TAT LEUNG	0:45:54	0:45:54	Please refer to E-Certificate
14	10km French Toast (Individual) Run	Men Senior Group B	C0278	TAM CHUN WAI	0:45:59	0:45:56	Please refer to E-Certificate
15	10km French Toast (Individual) Run	Men Senior Group B	C0155	CHU MAN KIT	0:46:48	0:46:44	Please refer to E-Certificate
16	10km French Toast (Individual) Run	Men Senior Group B	C0244	LIU TOMMY	0:46:50	0:46:47	Please refer to E-Certificate
17	10km French Toast (Individual) Run	Men Senior Group B	C0168	FUNG TING PONG	0:47:30	0:47:20	Please refer to E-Certificate
18	10km French Toast (Individual) Run	Men Senior Group B	C0301	TSE HO MAN	0:47:39	0:47:39	Please refer to E-Certificate
19	10km French Toast (Individual) Run	Men Senior Group B	C0319	WONG KANG YIU	0:48:42	0:48:31	Please refer to E-Certificate
20	10km French Toast (Individual) Run	Men Senior Group B	C0302	TSE CHI SING	0:48:44	0:48:41	Please refer to E-Certificate
21	10km French Toast (Individual) Run	Men Senior Group B	C0273	SO WAI LAM	0:48:53	0:48:48	Please refer to E-Certificate
22	10km French Toast (Individual) Run	Men Senior Group B	C0272	SO MAN KIT	0:48:55	0:48:34	Please refer to E-Certificate
23	10km French Toast (Individual) Run	Men Senior Group B	C0165	FUNG JI YANG	0:49:03	0:48:43	Please refer to E-Certificate
24	10km French Toast (Individual) Run	Men Senior Group B	C0200	LAM KUI SHING	0:49:09	0:49:03	Please refer to E-Certificate
25	10km French Toast (Individual) Run	Men Senior Group B	C0235	LI TIK DAVID	0:49:29	0:49:15	Please refer to E-Certificate
26	10km French Toast (Individual) Run	Men Senior Group B	C0291	TSANG WAYNE	0:49:31	0:48:55	Please refer to E-Certificate
27	10km French Toast (Individual) Run	Men Senior Group B	C0198	LAM HUNG FAAT	0:49:45	0:49:36	Please refer to E-Certificate
28	10km French Toast (Individual) Run	Men Senior Group B	C0261	OWEN MATTHEW	0:49:52	0:49:52	Please refer to E-Certificate
29	10km French Toast (Individual) Run	Men Senior Group B	C0195	KWOK MAN HEI BENNY	0:50:27	0:50:14	Please refer to E-Certificate
30	10km French Toast (Individual) Run	Men Senior Group B	C0240	LI CHAK LEUNG THOMAS	0:50:46	0:50:44	Please refer to E-Certificate
31	10km French Toast (Individual) Run	Men Senior Group B	C0203	LAM TSZ KIT NICHOLAS	0:50:50	0:50:38	Please refer to E-Certificate
32	10km French Toast (Individual) Run	Men Senior Group B	C0130	CHANG WING TUNG	0:50:50	0:50:16	Please refer to E-Certificate
33	10km French Toast (Individual) Run	Men Senior Group B	C0252	MOK KWAI CHIU	0:50:51	0:50:33	Please refer to E-Certificate
34	10km French Toast (Individual) Run	Men Senior Group B	C0161	CHUNG MAN LEONG	0:50:52	0:50:37	Please refer to E-Certificate
35	10km French Toast (Individual) Run	Men Senior Group B	C0251	MO ANDREW	0:51:14	0:51:09	Please refer to E-Certificate
36	10km French Toast (Individual) Run	Men Senior Group B	C0215	LAW KAI LOK	0:51:28	0:51:28	Please refer to E-Certificate
37	10km French Toast (Individual) Run	Men Senior Group B	C0106	ATKINSON MICHAEL	0:51:32	0:51:29	Please refer to E-Certificate
38	10km French Toast (Individual) Run	Men Senior Group B	C0173	HO CHUN LOK	0:51:38	0:51:26	Please refer to E-Certificate
39	10km French Toast (Individual) Run	Men Senior Group B	C0314	WONG KA FAI	0:51:46	0:51:38	Please refer to E-Certificate
40	10km French Toast (Individual) Run	Men Senior Group B	C0134	CHENG KAI TIK JASON	0:51:47	0:51:30	Please refer to E-Certificate
41	10km French Toast (Individual) Run	Men Senior Group B	C0236	LI HONG YEUNG	0:51:49	0:51:15	Please refer to E-Certificate
42	10km French Toast (Individual) Run	Men Senior Group B	C0263	PETRENIUK YURII	0:52:07	0:52:05	Please refer to E-Certificate
43	10km French Toast (Individual) Run	Men Senior Group B	C0185	KAI SUM LEE	0:52:29	0:52:22	Please refer to E-Certificate
44	10km French Toast (Individual) Run	Men Senior Group B	C0133	CHENG YIN NAM	0:52:37	0:52:23	Please refer to E-Certificate
45	10km French Toast (Individual) Run	Men Senior Group B	C0189	KOO TAT SHING	0:52:39	0:52:24	Please refer to E-Certificate
46	10km French Toast (Individual) Run	Men Senior Group B	C0156	CHU HO FAI	0:52:43	0:52:36	Please refer to E-Certificate
47	10km French Toast (Individual) Run	Men Senior Group B	C0178	HO KIN YUNG	0:52:45	0:52:39	Please refer to E-Certificate
48	10km French Toast (Individual) Run	Men Senior Group B	C0275	STEVENSON ANDREW	0:52:53	0:52:47	Please refer to E-Certificate
49	10km French Toast (Individual) Run	Men Senior Group B	C0167	FUNG TAT LAI FRANCO	0:53:02	0:52:45	Please refer to E-Certificate
50	10km French Toast (Individual) Run	Men Senior Group B	C0152	CHONG KA KI	0:53:11	0:53:01	Please refer to E-Certificate
51	10km French Toast (Individual) Run	Men Senior Group B	C0237	LI CHAK LEUNG	0:53:14	0:52:50	Please refer to E-Certificate
52	10km French Toast (Individual) Run	Men Senior Group B	C0177	HO TIN YAU	0:53:20	0:53:06	Please refer to E-Certificate
53	10km French Toast (Individual) Run	Men Senior Group B	C0276	TAM HIU FUNG	0:53:38	0:53:32	Please refer to E-Certificate
54	10km French Toast (Individual) Run	Men Senior Group B	C0222	LEE KAI NAM	0:54:18	0:54:12	Please refer to E-Certificate
55	10km French Toast (Individual) Run	Men Senior Group B	C0182	HUI KA LUN	0:54:29	0:54:15	Please refer to E-Certificate
56	10km French Toast (Individual) Run	Men Senior Group B	C0179	HO KIN HOI	0:54:34	0:54:31	Please refer to E-Certificate
57	10km French Toast (Individual) Run	Men Senior Group B	C0205	LAM LOUIS	0:54:35	0:53:55	Please refer to E-Certificate
58	10km French Toast (Individual) Run	Men Senior Group B	C0174	HO WAI CHEONG	0:54:57	0:54:42	Please refer to E-Certificate
59	10km French Toast (Individual) Run	Men Senior Group B	C0285	TANG CHI YUEN	0:55:00	0:54:01	Please refer to E-Certificate
60	10km French Toast (Individual) Run	Men Senior Group B	C0226	LEUNG NGO TIN	0:55:14	0:54:59	Please refer to E-Certificate
61	10km French Toast (Individual) Run	Men Senior Group B	C0120	CHAN SIU CHUNG	0:55:30	0:55:22	Please refer to E-Certificate
62	10km French Toast (Individual) Run	Men Senior Group B	C0223	LEE KAI WING	0:55:44	0:55:26	Please refer to E-Certificate
63	10km French Toast (Individual) Run	Men Senior Group B	C0117	CHAN CHUEN MAN	0:55:45	0:55:15	Please refer to E-Certificate
64	10km French Toast (Individual) Run	Men Senior Group B	C0118	CHAN MING HONG	0:56:21	0:56:15	Please refer to E-Certificate
65	10km French Toast (Individual) Run	Men Senior Group B	C0109	BA DON	0:57:04	0:56:37	Please refer to E-Certificate
66	10km French Toast (Individual) Run	Men Senior Group B	C0241	LIM ALVIN	0:57:09	0:56:33	Please refer to E-Certificate
67	10km French Toast (Individual) Run	Men Senior Group B	C0192	KWAN LAP TAK	0:57:12	0:56:44	Please refer to E-Certificate
68	10km French Toast (Individual) Run	Men Senior Group B	C0262	PANG HUNG KIT	0:57:40	0:57:25	Please refer to E-Certificate
69	10km French Toast (Individual) Run	Men Senior Group B	C0300	TSE KING SING	0:57:59	0:52:32	Please refer to E-Certificate
70	10km French Toast (Individual) Run	Men Senior Group B	C0170	HAU WAI SAN	0:58:03	0:57:56	Please refer to E-Certificate
71	10km French Toast (Individual) Run	Men Senior Group B	C0246	LUI KOK WAI ALEX	0:58:11	0:58:08	Please refer to E-Certificate
72	10km French Toast (Individual) Run	Men Senior Group B	C0320	WONG YAT PANG	0:58:20	0:58:12	Please refer to E-Certificate
73	10km French Toast (Individual) Run	Men Senior Group B	C0175	HO KWOK HO	0:58:21	0:56:05	Please refer to E-Certificate
74	10km French Toast (Individual) Run	Men Senior Group B	C0135	CHENG ANFIELD	0:58:28	0:57:49	Please refer to E-Certificate
75	10km French Toast (Individual) Run	Men Senior Group B	C0207	LAM YUE HIN	0:58:41	0:58:23	Please refer to E-Certificate
76	10km French Toast (Individual) Run	Men Senior Group B	C0326	WONG ANSON	0:58:54	0:58:44	Please refer to E-Certificate
77	10km French Toast (Individual) Run	Men Senior Group B	C0232	LEUNG CHI WAI	0:59:13	0:58:44	Please refer to E-Certificate
78	10km French Toast (Individual) Run	Men Senior Group B	C0268	SHUM HAU WING	0:59:22	0:59:11	Please refer to E-Certificate
79	10km French Toast (Individual) Run	Men Senior Group B	C0187	KEUNG NGO LUN	0:59:42	0:59:31	Please refer to E-Certificate
80	10km French Toast (Individual) Run	Men Senior Group B	C0115	CHAN KAM FUNG	0:59:57	0:54:29	Please refer to E-Certificate
81	10km French Toast (Individual) Run	Men Senior Group B	C0181	HUI KAKIT	1:00:33	1:00:12	Please refer to E-Certificate
82	10km French Toast (Individual) Run	Men Senior Group B	C0113	CHAN WING LOK	1:00:44	1:00:33	Please refer to E-Certificate
83	10km French Toast (Individual) Run	Men Senior Group B	C0282	TAN LARRY	1:01:09	1:00:53	Please refer to E-Certificate
84	10km French Toast (Individual) Run	Men Senior Group B	C0194	KWOK YU HONG	1:01:39	1:01:07	Please refer to E-Certificate
85	10km French Toast (Individual) Run	Men Senior Group B	C0148	CHEUNG KA LOK	1:01:44	1:01:33	Please refer to E-Certificate
86	10km French Toast (Individual) Run	Men Senior Group B	C0284	TAN WEN QUAN	1:02:00	1:01:51	Please refer to E-Certificate
87	10km French Toast (Individual) Run	Men Senior Group B	C0108	AU YEUNG KIN	1:02:17	1:01:18	Please refer to E-Certificate
88	10km French Toast (Individual) Run	Men Senior Group B	C0303	TSE TING HONG	1:02:25	1:02:21	Please refer to E-Certificate
89	10km French Toast (Individual) Run	Men Senior Group B	C0253	MOK GABRIEL	1:02:28	1:02:15	Please refer to E-Certificate
90	10km French Toast (Individual) Run	Men Senior Group B	C0124	CHAN TSZ HO	1:03:00	1:02:39	Please refer to E-Certificate
91	10km French Toast (Individual) Run	Men Senior Group B	C0121	CHAN CHUN KWOK	1:03:11	1:02:20	Please refer to E-Certificate
92	10km French Toast (Individual) Run	Men Senior Group B	C0329	YAP HAN LUN	1:03:18	1:02:56	Please refer to E-Certificate

93	10km French Toast (Individual) Run	Men Senior Group B	C0193	KWAN MAN YIN CLEMENT	1:03:25	1:03:18	Please refer to E-Certificate
94	10km French Toast (Individual) Run	Men Senior Group B	C0271	SIU KIN MAN	1:03:50	1:03:38	Please refer to E-Certificate
95	10km French Toast (Individual) Run	Men Senior Group B	C0213	LAW HO TIN	1:04:08	1:03:45	Please refer to E-Certificate
96	10km French Toast (Individual) Run	Men Senior Group B	C0191	KWAN HON MING	1:04:10	1:03:45	Please refer to E-Certificate
97	10km French Toast (Individual) Run	Men Senior Group B	C0153	CHONG WEN DI NICHOLAS	1:04:11	1:03:33	Please refer to E-Certificate
98	10km French Toast (Individual) Run	Men Senior Group B	C0129	CHAN KAI KIT	1:04:26	1:04:14	Please refer to E-Certificate
99	10km French Toast (Individual) Run	Men Senior Group B	C0340	IDZHAR ROSS	1:04:41	1:04:01	Please refer to E-Certificate
100	10km French Toast (Individual) Run	Men Senior Group B	C0230	LEUNG KA HEI SIMON	1:05:35	1:05:04	Please refer to E-Certificate
101	10km French Toast (Individual) Run	Men Senior Group B	C0123	CHAN CHONG WING	1:05:40	1:05:07	Please refer to E-Certificate
102	10km French Toast (Individual) Run	Men Senior Group B	C0306	TUNG WING NIN ERIC	1:06:09	1:05:48	Please refer to E-Certificate
103	10km French Toast (Individual) Run	Men Senior Group B	C0217	LEE MAN YIN	1:06:45	1:06:11	Please refer to E-Certificate
104	10km French Toast (Individual) Run	Men Senior Group B	C0125	CHAN DEREK	1:06:48	1:05:13	Please refer to E-Certificate
105	10km French Toast (Individual) Run	Men Senior Group B	C0270	SIN SKY	1:06:57	1:06:27	Please refer to E-Certificate
106	10km French Toast (Individual) Run	Men Senior Group B	C0111	BRACKE STIJN	1:07:16	1:06:52	Please refer to E-Certificate
107	10km French Toast (Individual) Run	Men Senior Group B	C0188	KONG SHING HIM	1:08:34	1:06:05	Please refer to E-Certificate
108	10km French Toast (Individual) Run	Men Senior Group B	C0277	TAM KIT FENG	1:09:57	1:09:46	Please refer to E-Certificate
109	10km French Toast (Individual) Run	Men Senior Group B	C0149	CHOI YU TUNG MARTIN	1:10:20	1:10:09	Please refer to E-Certificate
110	10km French Toast (Individual) Run	Men Senior Group B	C0139	CHEUNG DANIEL	1:10:26	1:10:01	Please refer to E-Certificate
111	10km French Toast (Individual) Run	Men Senior Group B	C0160	CHONG HING CHUEN	1:10:41	1:10:31	Please refer to E-Certificate
112	10km French Toast (Individual) Run	Men Senior Group B	C0322	WONG KWONG YING	1:11:11	1:10:38	Please refer to E-Certificate
113	10km French Toast (Individual) Run	Men Senior Group B	C0166	FUNG KAI NAM	1:11:18	1:11:10	Please refer to E-Certificate
114	10km French Toast (Individual) Run	Men Senior Group B	C0311	WONG CHEUK HEI	1:11:27	1:10:55	Please refer to E-Certificate
115	10km French Toast (Individual) Run	Men Senior Group B	C0296	TSANG KAM LUN	1:11:55	1:11:42	Please refer to E-Certificate
116	10km French Toast (Individual) Run	Men Senior Group B	C0288	TANG KWOK YIM	1:12:00	1:11:46	Please refer to E-Certificate
117	10km French Toast (Individual) Run	Men Senior Group B	C0337	YUEN KAM LING	1:12:01	1:11:25	Please refer to E-Certificate
118	10km French Toast (Individual) Run	Men Senior Group B	C0265	SEBANDAL FROILAN	1:13:53	1:13:24	Please refer to E-Certificate
119	10km French Toast (Individual) Run	Men Senior Group B	C0297	TSANG TSZ CHUNG	1:14:00	1:13:31	Please refer to E-Certificate
120	10km French Toast (Individual) Run	Men Senior Group B	C0305	TSUI PHOENIX	1:14:03	1:13:30	Please refer to E-Certificate
121	10km French Toast (Individual) Run	Men Senior Group B	C0164	FONG TSZ KIN	1:14:18	1:14:02	Please refer to E-Certificate
122	10km French Toast (Individual) Run	Men Senior Group B	C0280	TAM CHEUK HONG	1:14:40	1:14:21	Please refer to E-Certificate
123	10km French Toast (Individual) Run	Men Senior Group B	C0204	LAM LAP FUNG	1:15:01	1:14:43	Please refer to E-Certificate
124	10km French Toast (Individual) Run	Men Senior Group B	C0208	LAM ANSON LAP WAI	1:16:22	1:15:46	Please refer to E-Certificate
125	10km French Toast (Individual) Run	Men Senior Group B	C0122	CHAN WAI TING CALFORD	1:18:46	1:18:23	Please refer to E-Certificate
126	10km French Toast (Individual) Run	Men Senior Group B	C0229	LEUNG TSUN WAI	1:19:23	1:19:00	Please refer to E-Certificate
127	10km French Toast (Individual) Run	Men Senior Group B	C0234	LI WING HO	1:19:38	1:18:39	Please refer to E-Certificate
128	10km French Toast (Individual) Run	Men Senior Group B	C0112	CHAM HIN CHEUNG	1:22:13	1:21:42	Please refer to E-Certificate
129	10km French Toast (Individual) Run	Men Senior Group B	C0154	CHOR DAVE	1:22:16	1:16:33	Please refer to E-Certificate
130	10km French Toast (Individual) Run	Men Senior Group B	C0147	CHEUNG KWOKYIP	1:22:24	1:21:58	Please refer to E-Certificate
131	10km French Toast (Individual) Run	Men Senior Group B	C0243	LIU WUN TSUN	1:25:59	1:25:43	Please refer to E-Certificate
132	10km French Toast (Individual) Run	Men Senior Group B	C0202	LAM MAN HIN	1:27:31	1:27:20	Please refer to E-Certificate
133	10km French Toast (Individual) Run	Men Senior Group B	C0206	LAM CHUN YIN	1:28:39	1:28:09	Please refer to E-Certificate
134	10km French Toast (Individual) Run	Men Senior Group B	C0201	LAM HIU FUNG	1:29:48	1:29:20	Please refer to E-Certificate
135	10km French Toast (Individual) Run	Men Senior Group B	C0199	LAM JACKSON	1:32:56	1:32:22	Please refer to E-Certificate
N/A	10km French Toast (Individual) Run	Men Senior Group B	C0105	ANDREWS ALTERIN JEFFREY	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Senior Group B	C0114	CHAN CALVIN	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Senior Group B	C0116	CHAN PING LEONG	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Senior Group B	C0157	CHU KIM MAN	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Senior Group B	C0163	CU CHUN KIU	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Senior Group B	C0190	KUET WAI MAN	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Senior Group B	C0238	LI KAI WAI	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Senior Group B	C0250	MAN WAI HANG	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Senior Group B	C0254	MOK BERTUS WIK HIN	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Senior Group B	C0257	NG CHI KUEN	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Senior Group B	C0264	POON WAI CHEUK WILLIAM	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Senior Group B	C0290	TEDSTONE IAN	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Senior Group B	C0293	TSANG WAH KWOK	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Senior Group B	C0307	WAI WAN	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Senior Group B	C0312	WONG PO KIT	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Senior Group B	C0321	WONG CHUN WAI	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Senior Group B	C0325	WONG KAI CHEUNG	DNS	DNS	N/A

### 10km French Toast (Individual) Run - Women Senior Group B

Rank	Competition	Category	Bib No.	Name (Eng)	Official Time	Chip Time	Burnt / Donated Calories
1	10km French Toast (Individual) Run	Women Senior Group B	C0310	WONG YUEN TING	0:45:29	0:45:26	Please refer to E-Certificate
2	10km French Toast (Individual) Run	Women Senior Group B	C0315	WONG JOYCE	0:51:19	0:51:15	Please refer to E-Certificate
3	10km French Toast (Individual) Run	Women Senior Group B	C0138	CHENG YI TING ALICE	0:52:34	0:52:26	Please refer to E-Certificate
4	10km French Toast (Individual) Run	Women Senior Group B	C0266	SHAM PUI KI	0:52:41	0:52:07	Please refer to E-Certificate
5	10km French Toast (Individual) Run	Women Senior Group B	C0269	SHUM SIN TING	0:54:02	0:53:57	Please refer to E-Certificate
6	10km French Toast (Individual) Run	Women Senior Group B	C0128	CHAN PUI KEI	0:54:15	0:54:12	Please refer to E-Certificate
7	10km French Toast (Individual) Run	Women Senior Group B	C0132	CHENG PETKI	0:54:42	0:54:42	Please refer to E-Certificate
8	10km French Toast (Individual) Run	Women Senior Group B	C0313	WONG TING TING	0:55:13	0:55:06	Please refer to E-Certificate
9	10km French Toast (Individual) Run	Women Senior Group B	C0245	LO ROSETTA	0:56:57	0:56:44	Please refer to E-Certificate
10	10km French Toast (Individual) Run	Women Senior Group B	C0131	CHEN SIN YEE	0:58:22	0:58:04	Please refer to E-Certificate
11	10km French Toast (Individual) Run	Women Senior Group B	C0323	WONG KA LAI	0:58:37	0:58:30	Please refer to E-Certificate
12	10km French Toast (Individual) Run	Women Senior Group B	C0308	WAN WING KWAN	0:58:57	0:58:38	Please refer to E-Certificate
13	10km French Toast (Individual) Run	Women Senior Group B	C0220	LEE HO YI	0:58:59	0:58:29	Please refer to E-Certificate
14	10km French Toast (Individual) Run	Women Senior Group B	C0260	OEHMAN ISABELLE	0:59:07	0:58:23	Please refer to E-Certificate
15	10km French Toast (Individual) Run	Women Senior Group B	C0335	YU CHI LUN	0:59:53	0:59:38	Please refer to E-Certificate
16	10km French Toast (Individual) Run	Women Senior Group B	C0331	YEUNG WINGLAAM	1:00:38	0:59:55	Please refer to E-Certificate
17	10km French Toast (Individual) Run	Women Senior Group B	C0233	MAK WING YAN	1:01:52	1:01:30	Please refer to E-Certificate
18	10km French Toast (Individual) Run	Women Senior Group B	C0145	CHEUNG LEYAN	1:02:34	1:02:20	Please refer to E-Certificate
19	10km French Toast (Individual) Run	Women Senior Group B	C0211	LAU HOIYI	1:02:38	0:57:33	Please refer to E-Certificate
20	10km French Toast (Individual) Run	Women Senior Group B	C0176	HO MEI YEE	1:03:20	1:03:33	Please refer to E-Certificate
21	10km French Toast (Individual) Run	Women Senior Group B	C0210	LAU MAN YEE	1:04:04	1:03:47	Please refer to E-Certificate
22	10km French Toast (Individual) Run	Women Senior Group B	C0209	LAM CHEUK YING IVY	1:04:55	1:04:37	Please refer to E-Certificate
23	10km French Toast (Individual) Run	Women Senior Group B	C0180	HUI YAN TING	1:05:01	1:04:36	Please refer to E-Certificate
24	10km French Toast (Individual) Run	Women Senior Group B	C0286	TANG HO YIN JESS	1:05:15	0:57:11	Please refer to E-Certificate
25	10km French Toast (Individual) Run	Women Senior Group B	C0143	CHEUNG CHING MAN	1:05:33	1:05:09	Please refer to E-Certificate
26	10km French Toast (Individual) Run	Women Senior Group B	C0140	CHEUNG ELLY NGAN HIN	1:05:56	1:05:56	Please refer to E-Certificate
27	10km French Toast (Individual) Run	Women Senior Group B	C0239	LI MIAO	1:06:12	1:05:35	Please refer to E-Certificate
28	10km French Toast (Individual) Run	Women Senior Group B	C0338	ZHONG LITING	1:07:04	1:06:57	Please refer to E-Certificate
29	10km French Toast (Individual) Run	Women Senior Group B	C0186	KAN KAN	1:07:19	1:06:49	Please refer to E-Certificate
30	10km French Toast (Individual) Run	Women Senior Group B	C0107	AU WING CHI	1:08:02	1:07:41	Please refer to E-Certificate

31	10km French Toast (Individual) Run	Women Senior Group B	C0327	WONG CHAU WAI	1:08:02	1:07:30	Please refer to E-Certificate
32	10km French Toast (Individual) Run	Women Senior Group B	C0150	CHOI HAEWON	1:08:18	1:07:59	Please refer to E-Certificate
33	10km French Toast (Individual) Run	Women Senior Group B	C0258	NG CHUI SHAN	1:08:21	1:07:58	Please refer to E-Certificate
34	10km French Toast (Individual) Run	Women Senior Group B	C0317	WONG YING CHEUNG NORRIS	1:08:28	1:08:05	Please refer to E-Certificate
35	10km French Toast (Individual) Run	Women Senior Group B	C0279	TAM CHO HEI	1:08:40	1:08:20	Please refer to E-Certificate
36	10km French Toast (Individual) Run	Women Senior Group B	C0137	CHEUNG WAI MAN	1:08:51	1:07:16	Please refer to E-Certificate
37	10km French Toast (Individual) Run	Women Senior Group B	C0158	CHUNG YUET NOG	1:09:24	1:09:11	Please refer to E-Certificate
38	10km French Toast (Individual) Run	Women Senior Group B	C0197	KWOK PUI LING	1:09:59	1:09:24	Please refer to E-Certificate
39	10km French Toast (Individual) Run	Women Senior Group B	C0216	LEE KYUNG MIN	1:10:26	1:10:01	Please refer to E-Certificate
40	10km French Toast (Individual) Run	Women Senior Group B	C0159	CHUNG KA YING JANNIE	1:10:31	1:05:20	Please refer to E-Certificate
41	10km French Toast (Individual) Run	Women Senior Group B	C0221	LEE KA YEE	1:10:35	1:10:07	Please refer to E-Certificate
42	10km French Toast (Individual) Run	Women Senior Group B	C0169	HAN XINGYA	1:11:25	1:11:19	Please refer to E-Certificate
43	10km French Toast (Individual) Run	Women Senior Group B	C0218	LEE WING YAN	1:11:39	1:11:20	Please refer to E-Certificate
44	10km French Toast (Individual) Run	Women Senior Group B	C0259	NICOLAS FLORIANE	1:11:52	1:11:43	Please refer to E-Certificate
45	10km French Toast (Individual) Run	Women Senior Group B	C0144	CHEUNG MEI YAN	1:12:19	1:12:11	Please refer to E-Certificate
46	10km French Toast (Individual) Run	Women Senior Group B	C0231	LEUNG WAI SHAN YVONNE	1:12:29	1:12:13	Please refer to E-Certificate
47	10km French Toast (Individual) Run	Women Senior Group B	C0267	SHEK SAU WAI	1:12:30	1:12:00	Please refer to E-Certificate
48	10km French Toast (Individual) Run	Women Senior Group B	C0183	IP OI WAH	1:12:31	1:12:02	Please refer to E-Certificate
49	10km French Toast (Individual) Run	Women Senior Group B	C0274	SO KIN YING	1:12:58	1:12:36	Please refer to E-Certificate
50	10km French Toast (Individual) Run	Women Senior Group B	C0295	TSANG SIN YING CYAN	1:13:02	1:12:42	Please refer to E-Certificate
51	10km French Toast (Individual) Run	Women Senior Group B	C0339	FINEGAN AISLING	1:14:03	1:13:19	Please refer to E-Certificate
52	10km French Toast (Individual) Run	Women Senior Group B	C0334	YEUNG WING SZE	1:15:10	1:14:30	Please refer to E-Certificate
53	10km French Toast (Individual) Run	Women Senior Group B	C0142	CHEUNG KA LAI	1:15:48	1:15:40	Please refer to E-Certificate
54	10km French Toast (Individual) Run	Women Senior Group B	C0255	NG JUSTINE CHARISSA	1:16:07	1:15:43	Please refer to E-Certificate
55	10km French Toast (Individual) Run	Women Senior Group B	C0214	LAW STELLA	1:16:26	1:05:56	Please refer to E-Certificate
56	10km French Toast (Individual) Run	Women Senior Group B	C0287	TANG WAI MAN	1:16:35	1:16:09	Please refer to E-Certificate
57	10km French Toast (Individual) Run	Women Senior Group B	C0171	HO JIA XUN	1:17:06	1:16:41	Please refer to E-Certificate
58	10km French Toast (Individual) Run	Women Senior Group B	C0184	KAM KA YAN	1:18:46	1:18:23	Please refer to E-Certificate
59	10km French Toast (Individual) Run	Women Senior Group B	C0304	TSUI CHO TUNG	1:19:44	1:19:26	Please refer to E-Certificate
60	10km French Toast (Individual) Run	Women Senior Group B	C0328	YAN YUEN CHING	1:19:54	1:19:35	Please refer to E-Certificate
61	10km French Toast (Individual) Run	Women Senior Group B	C0212	LAU CHUI WA	1:19:55	1:19:31	Please refer to E-Certificate
62	10km French Toast (Individual) Run	Women Senior Group B	C0281	TAM PUI SZE	1:22:14	1:21:57	Please refer to E-Certificate
63	10km French Toast (Individual) Run	Women Senior Group B	C0172	HO YAN YIN	1:22:19	1:21:55	Please refer to E-Certificate
64	10km French Toast (Individual) Run	Women Senior Group B	C0324	WONG CHO MAN	1:22:24	1:21:57	Please refer to E-Certificate
65	10km French Toast (Individual) Run	Women Senior Group B	C0141	CHEUNG WAI YING	1:22:42	1:22:29	Please refer to E-Certificate
66	10km French Toast (Individual) Run	Women Senior Group B	C0119	CHAN YING HA	1:22:50	1:22:22	Please refer to E-Certificate
67	10km French Toast (Individual) Run	Women Senior Group B	C0136	CHEUNG PO YI	1:23:27	1:23:27	Please refer to E-Certificate
68	10km French Toast (Individual) Run	Women Senior Group B	C0316	WONG CHEUK YING MARIANA	1:23:46	1:23:16	Please refer to E-Certificate
69	10km French Toast (Individual) Run	Women Senior Group B	C0318	WONG HIU MAN	1:25:52	1:23:36	Please refer to E-Certificate
70	10km French Toast (Individual) Run	Women Senior Group B	C0127	CHAN NGA YEE	1:27:24	1:22:13	Please refer to E-Certificate
71	10km French Toast (Individual) Run	Women Senior Group B	C0333	YEUNG TSZ WING	1:29:48	1:29:20	Please refer to E-Certificate
72	10km French Toast (Individual) Run	Women Senior Group B	C0289	TANG WING YEE WINNIE	1:33:40	1:33:09	Please refer to E-Certificate
73	10km French Toast (Individual) Run	Women Senior Group B	C0247	MAK MIMI	1:40:32	1:40:04	Please refer to E-Certificate
74	10km French Toast (Individual) Run	Women Senior Group B	C0151	CHOI CHE YAN APRIL	1:46:12	1:45:55	Please refer to E-Certificate
N/A	10km French Toast (Individual) Run	Women Senior Group B	C0110	BALDESIMA ARIANNE	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Senior Group B	C0146	CHEUNG KA MAN CARMEN	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Senior Group B	C0219	LEE PUI KWAN KITTY	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Senior Group B	C0224	LEE YUK YING	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Senior Group B	C0248	MAN LOK YI	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Senior Group B	C0256	NG CHAU YU	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Senior Group B	C0292	TSANG WENDY	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Senior Group B	C0309	WAN TING TING	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Senior Group B	C0330	YEUNG MAN CHE	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Senior Group B	C0332	YEUNG HIU TUNG JACQUELINE	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Senior Group B	C0336	YUEN KA MAN	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Senior Group B	C0242	LING TSZ YAN	DQ	DQ	N/A

**10km French Toast (Individual) Run - Men Advanced Group A**

Rank	Competition	Category	Bib No.	Name (Eng)	Official Time	Chip Time	Burnt / Donated Calories
1	10km French Toast (Individual) Run	Men Advanced Group A	D0422	GUMBLEY EDWARD	0:36:29	0:36:29	Please refer to E-Certificate
2	10km French Toast (Individual) Run	Men Advanced Group A	D0479	LEE MAN KIT	0:39:32	0:39:32	Please refer to E-Certificate
3	10km French Toast (Individual) Run	Men Advanced Group A	D0358	O HO YIN	0:39:38	0:39:37	Please refer to E-Certificate
4	10km French Toast (Individual) Run	Men Advanced Group A	D0563	TONG WING YIP	0:42:27	0:42:27	Please refer to E-Certificate
5	10km French Toast (Individual) Run	Men Advanced Group A	D0530	NG CHING YUEN	0:42:30	0:42:25	Please refer to E-Certificate
6	10km French Toast (Individual) Run	Men Advanced Group A	D0513	LUK MARCUS WAI LEUNG	0:43:32	0:43:32	Please refer to E-Certificate
7	10km French Toast (Individual) Run	Men Advanced Group A	D0504	LI CHUN WA	0:43:47	0:43:43	Please refer to E-Certificate
8	10km French Toast (Individual) Run	Men Advanced Group A	D0554	TAM TAK MING	0:43:52	0:43:50	Please refer to E-Certificate
9	10km French Toast (Individual) Run	Men Advanced Group A	D0472	LAU PAKSON	0:44:07	0:44:05	Please refer to E-Certificate
10	10km French Toast (Individual) Run	Men Advanced Group A	D0430	HO YUK KIN	0:44:27	0:44:27	Please refer to E-Certificate
11	10km French Toast (Individual) Run	Men Advanced Group A	D0510	LOK YIU HONG	0:45:16	0:44:56	Please refer to E-Certificate
12	10km French Toast (Individual) Run	Men Advanced Group A	D0381	CHEUNG MAN KIN	0:45:28	0:45:26	Please refer to E-Certificate
13	10km French Toast (Individual) Run	Men Advanced Group A	D0562	TO ALVIN	0:46:21	0:46:01	Please refer to E-Certificate
14	10km French Toast (Individual) Run	Men Advanced Group A	D0601	XU VINCENT	0:46:56	0:46:46	Please refer to E-Certificate
15	10km French Toast (Individual) Run	Men Advanced Group A	D0402	CHOY YUE KWAN	0:47:09	0:47:07	Please refer to E-Certificate
16	10km French Toast (Individual) Run	Men Advanced Group A	D0376	CHENG STEPHEN HONG CHI	0:47:16	0:47:16	Please refer to E-Certificate
17	10km French Toast (Individual) Run	Men Advanced Group A	D0436	HUI HUI YAT WING ALBERT	0:47:17	0:47:17	Please refer to E-Certificate
18	10km French Toast (Individual) Run	Men Advanced Group A	D0526	MOK KAI CHIU	0:47:34	0:47:10	Please refer to E-Certificate
19	10km French Toast (Individual) Run	Men Advanced Group A	D0521	MAK TIMOTHY	0:47:38	0:47:18	Please refer to E-Certificate
20	10km French Toast (Individual) Run	Men Advanced Group A	D0432	HO KIN CHUNG	0:47:43	0:47:24	Please refer to E-Certificate
21	10km French Toast (Individual) Run	Men Advanced Group A	D0515	LUK BENJAMIN	0:48:06	0:48:05	Please refer to E-Certificate
22	10km French Toast (Individual) Run	Men Advanced Group A	D0518	MACK WING LEUNG	0:48:13	0:48:13	Please refer to E-Certificate
23	10km French Toast (Individual) Run	Men Advanced Group A	D0596	WOO WAI TUNG	0:48:14	0:48:13	Please refer to E-Certificate
24	10km French Toast (Individual) Run	Men Advanced Group A	D0347	CHAN CHEUNG CHING	0:48:40	0:48:34	Please refer to E-Certificate
25	10km French Toast (Individual) Run	Men Advanced Group A	D0618	YU HUNG SAN	0:48:49	0:48:43	Please refer to E-Certificate
26	10km French Toast (Individual) Run	Men Advanced Group A	D0446	KWAN CHUN HUNG	0:49:01	0:48:59	Please refer to E-Certificate
27	10km French Toast (Individual) Run	Men Advanced Group A	D0552	TAI YIN HOI	0:49:44	0:49:26	Please refer to E-Certificate
28	10km French Toast (Individual) Run	Men Advanced Group A	D0382	CHEUNG KA WAI	0:49:44	0:49:17	Please refer to E-Certificate
29	10km French Toast (Individual) Run	Men Advanced Group A	D0519	MACK MARK	0:50:06	0:50:06	Please refer to E-Certificate
30	10km French Toast (Individual) Run	Men Advanced Group A	D0560	TANG WAI PONG	0:50:14	0:50:11	Please refer to E-Certificate
31	10km French Toast (Individual) Run	Men Advanced Group A	D0592	WONG WING CHING	0:50:18	0:49:48	Please refer to E-Certificate
32	10km French Toast (Individual) Run	Men Advanced Group A	D0351	CHAN LIK CHING	0:50:47	0:50:30	Please refer to E-Certificate
33	10km French Toast (Individual) Run	Men Advanced Group A	D0346	CHAN CHEUNG WING	0:51:32	0:51:25	Please refer to E-Certificate
34	10km French Toast (Individual) Run	Men Advanced Group A	D0617	YU WING SUN STEVE BOY	0:51:51	0:51:46	Please refer to E-Certificate
35	10km French Toast (Individual) Run	Men Advanced Group A	D0456	KWONG YUK SHING	0:51:54	0:51:53	Please refer to E-Certificate
36	10km French Toast (Individual) Run	Men Advanced Group A	D0511	LUI CHUN HING	0:51:59	0:51:36	Please refer to E-Certificate
37	10km French Toast (Individual) Run	Men Advanced Group A	D0558	TANG MAN LEONG	0:52:17	0:52:15	Please refer to E-Certificate
38	10km French Toast (Individual) Run	Men Advanced Group A	D0585	WONG KIN MING	0:52:33	0:52:03	Please refer to E-Certificate
39	10km French Toast (Individual) Run	Men Advanced Group A	D0433	HUI HERMES	0:52:51	0:52:39	Please refer to E-Certificate
40	10km French Toast (Individual) Run	Men Advanced Group A	D0377	CHENG HUBERT	0:53:02	0:52:54	Please refer to E-Certificate
41	10km French Toast (Individual) Run	Men Advanced Group A	D0544	SHIU ANDREW	0:53:34	0:53:21	Please refer to E-Certificate
42	10km French Toast (Individual) Run	Men Advanced Group A	D0569	TSE WAN KIN	0:54:11	0:53:54	Please refer to E-Certificate
43	10km French Toast (Individual) Run	Men Advanced Group A	D0529	NG CHEUK KEI	0:54:22	0:54:13	Please refer to E-Certificate
44	10km French Toast (Individual) Run	Men Advanced Group A	D0506	LI CHUN KAU	0:54:25	0:53:50	Please refer to E-Certificate
45	10km French Toast (Individual) Run	Men Advanced Group A	D0550	SO KA SHUN	0:54:28	0:53:58	Please refer to E-Certificate
46	10km French Toast (Individual) Run	Men Advanced Group A	D0502	LI KA LAI	0:54:30	0:53:52	Please refer to E-Certificate
47	10km French Toast (Individual) Run	Men Advanced Group A	D0604	YAM WAI YIP	0:54:36	0:54:32	Please refer to E-Certificate
48	10km French Toast (Individual) Run	Men Advanced Group A	D0542	PUN WAI LUN	0:54:36	0:54:14	Please refer to E-Certificate
49	10km French Toast (Individual) Run	Men Advanced Group A	D0566	TSE KAI PONG	0:54:38	0:54:19	Please refer to E-Certificate
50	10km French Toast (Individual) Run	Men Advanced Group A	D0496	LEUNG CHUNG HONG MICHAEL	0:54:43	0:54:34	Please refer to E-Certificate
51	10km French Toast (Individual) Run	Men Advanced Group A	D0385	CHEUNG CHI WAI	0:54:46	0:54:22	Please refer to E-Certificate
52	10km French Toast (Individual) Run	Men Advanced Group A	D0387	CHEUNG WING LOK	0:54:47	0:53:28	Please refer to E-Certificate
53	10km French Toast (Individual) Run	Men Advanced Group A	D0600	WU FUNG SING SUPER	0:55:28	0:55:22	Please refer to E-Certificate
54	10km French Toast (Individual) Run	Men Advanced Group A	D0408	CHUM TIK SANG	0:55:36	0:55:04	Please refer to E-Certificate
55	10km French Toast (Individual) Run	Men Advanced Group A	D0396	CHOI KAI CHAO	0:55:44	0:55:37	Please refer to E-Certificate
56	10km French Toast (Individual) Run	Men Advanced Group A	D0412	CHUNG PUI KEI	0:55:53	0:55:51	Please refer to E-Certificate
57	10km French Toast (Individual) Run	Men Advanced Group A	D0371	CHAN YIP KEUNG	0:55:55	0:55:21	Please refer to E-Certificate
58	10km French Toast (Individual) Run	Men Advanced Group A	D0410	CHUNG MAN HONG	0:56:13	0:56:02	Please refer to E-Certificate
59	10km French Toast (Individual) Run	Men Advanced Group A	D0341	AU CHI SAN	0:56:17	0:56:01	Please refer to E-Certificate
60	10km French Toast (Individual) Run	Men Advanced Group A	D0409	CHUNG KA WAI	0:56:58	0:56:36	Please refer to E-Certificate
61	10km French Toast (Individual) Run	Men Advanced Group A	D0572	TSOI CHUEN CHUN	0:57:00	0:56:41	Please refer to E-Certificate
62	10km French Toast (Individual) Run	Men Advanced Group A	D0366	CHAN YU SAN	0:57:04	0:56:57	Please refer to E-Certificate
63	10km French Toast (Individual) Run	Men Advanced Group A	D0549	SO STEPHEN	0:57:06	0:56:58	Please refer to E-Certificate
64	10km French Toast (Individual) Run	Men Advanced Group A	D0463	LAM WAI WA, DAVID	0:57:12	0:57:01	Please refer to E-Certificate
65	10km French Toast (Individual) Run	Men Advanced Group A	D0477	LAW JIMMY	0:57:19	0:56:47	Please refer to E-Certificate
66	10km French Toast (Individual) Run	Men Advanced Group A	D0613	YING NIKEL	0:57:27	0:56:55	Please refer to E-Certificate
67	10km French Toast (Individual) Run	Men Advanced Group A	D0451	KWOK KAI NAM SAMSON	0:57:34	0:56:57	Please refer to E-Certificate
68	10km French Toast (Individual) Run	Men Advanced Group A	D0590	WONG YU CHING	0:57:37	0:57:23	Please refer to E-Certificate
69	10km French Toast (Individual) Run	Men Advanced Group A	D0559	TANG LUNG KEI	0:57:46	0:57:36	Please refer to E-Certificate
70	10km French Toast (Individual) Run	Men Advanced Group A	D0360	CHAN LING WAH EDWARD	0:57:49	0:57:47	Please refer to E-Certificate
71	10km French Toast (Individual) Run	Men Advanced Group A	D0437	HUNG FAN YEUNG RICKY	0:57:54	0:57:40	Please refer to E-Certificate
72	10km French Toast (Individual) Run	Men Advanced Group A	D0353	CHAN KWOK WAI	0:57:54	0:57:23	Please refer to E-Certificate
73	10km French Toast (Individual) Run	Men Advanced Group A	D0564	TONG KWAI TAK	0:57:57	0:57:12	Please refer to E-Certificate
74	10km French Toast (Individual) Run	Men Advanced Group A	D0462	LAM CHEUK TAT	0:58:08	0:57:56	Please refer to E-Certificate
75	10km French Toast (Individual) Run	Men Advanced Group A	D0509	LO SHING PAN	0:58:37	0:58:32	Please refer to E-Certificate
76	10km French Toast (Individual) Run	Men Advanced Group A	D0368	CHAN ERNEST	0:58:51	0:58:37	Please refer to E-Certificate
77	10km French Toast (Individual) Run	Men Advanced Group A	D0492	LEUNG KA MING	0:59:07	0:58:36	Please refer to E-Certificate
78	10km French Toast (Individual) Run	Men Advanced Group A	D0616	YIU HO YIM OCEAN	0:59:32	0:59:27	Please refer to E-Certificate
79	10km French Toast (Individual) Run	Men Advanced Group A	D0507	LIN YING WAI	0:59:44	0:59:35	Please refer to E-Certificate
80	10km French Toast (Individual) Run	Men Advanced Group A	D0582	WONG WAI WING	0:59:52	0:59:34	Please refer to E-Certificate
81	10km French Toast (Individual) Run	Men Advanced Group A	D0611	YIM WAI HUNG	0:59:55	0:59:52	Please refer to E-Certificate
82	10km French Toast (Individual) Run	Men Advanced Group A	D0389	CHEUNG LAP WAI	1:00:06	0:59:55	Please refer to E-Certificate
83	10km French Toast (Individual) Run	Men Advanced Group A	D0345	CHAN YING TSUNG BOSCO	1:00:10	0:59:55	Please refer to E-Certificate
84	10km French Toast (Individual) Run	Men Advanced Group A	D0586	WONG PING YAU	1:00:21	1:00:02	Please refer to E-Certificate
85	10km French Toast (Individual) Run	Men Advanced Group A	D0445	KOON TING FUNG	1:00:37	1:00:09	Please refer to E-Certificate
86	10km French Toast (Individual) Run	Men Advanced Group A	D0580	WONG KIN HO	1:00:48	1:00:34	Please refer to E-Certificate
87	10km French Toast (Individual) Run	Men Advanced Group A	D0543	SEE PO YAM	1:00:52	1:00:49	Please refer to E-Certificate
88	10km French Toast (Individual) Run	Men Advanced Group A	D0576	WONG CHI HANG	1:00:56	1:00:43	Please refer to E-Certificate
89	10km French Toast (Individual) Run	Men Advanced Group A	D0413	CHUNG DESMOND	1:01:11	1:00:35	Please refer to E-Certificate
90	10km French Toast (Individual) Run	Men Advanced Group A	D0349	CHAN PAK KIN	1:01:14	1:01:05	Please refer to E-Certificate
91	10km French Toast (Individual) Run	Men Advanced Group A	D0428	HO MAN LUNG	1:01:26	1:01:05	Please refer to E-Certificate
92	10km French Toast (Individual) Run	Men Advanced Group A	D0395	CHIU YIN BONG TONY	1:01:31	1:01:25	Please refer to E-Certificate

93	10km French Toast (Individual) Run	Men Advanced Group A	D0400	CHOW GARY	1:01:40	1:01:29	Please refer to E-Certificate
94	10km French Toast (Individual) Run	Men Advanced Group A	D0348	CHAN AH YUD	1:02:26	1:02:05	Please refer to E-Certificate
95	10km French Toast (Individual) Run	Men Advanced Group A	D0420	FUNG BRIAN	1:02:26	1:02:16	Please refer to E-Certificate
96	10km French Toast (Individual) Run	Men Advanced Group A	D0471	LAU HANG NING TERRY	1:02:33	1:02:11	Please refer to E-Certificate
97	10km French Toast (Individual) Run	Men Advanced Group A	D0429	HO ISAAC	1:02:34	1:02:12	Please refer to E-Certificate
98	10km French Toast (Individual) Run	Men Advanced Group A	D0369	CHAN KAI TONG	1:02:36	1:02:15	Please refer to E-Certificate
99	10km French Toast (Individual) Run	Men Advanced Group A	D0609	YEUNG KA KIT	1:02:38	1:02:02	Please refer to E-Certificate
100	10km French Toast (Individual) Run	Men Advanced Group A	D0444	KO CHIN WAH	1:02:47	1:02:28	Please refer to E-Certificate
101	10km French Toast (Individual) Run	Men Advanced Group A	D0534	NG CHI PIU	1:02:50	1:02:47	Please refer to E-Certificate
102	10km French Toast (Individual) Run	Men Advanced Group A	D0355	CHAN HO LUN	1:02:53	1:02:14	Please refer to E-Certificate
103	10km French Toast (Individual) Run	Men Advanced Group A	D0448	KWAN HOI SANG	1:02:56	1:00:54	Please refer to E-Certificate
104	10km French Toast (Individual) Run	Men Advanced Group A	D0545	SIN HUI CHUN	1:03:09	1:03:01	Please refer to E-Certificate
105	10km French Toast (Individual) Run	Men Advanced Group A	D0547	SIU KA FAI	1:03:14	1:03:08	Please refer to E-Certificate
106	10km French Toast (Individual) Run	Men Advanced Group A	D0435	HUI DENNY	1:03:21	1:03:10	Please refer to E-Certificate
107	10km French Toast (Individual) Run	Men Advanced Group A	D0372	CHAU BAMBOO	1:03:23	1:03:07	Please refer to E-Certificate
108	10km French Toast (Individual) Run	Men Advanced Group A	D0362	CHAN HIN	1:03:39	1:03:26	Please refer to E-Certificate
109	10km French Toast (Individual) Run	Men Advanced Group A	D0565	TSANG NOK MAN	1:04:14	1:03:51	Please refer to E-Certificate
110	10km French Toast (Individual) Run	Men Advanced Group A	D0589	WONG PAK LUN	1:04:50	1:04:20	Please refer to E-Certificate
111	10km French Toast (Individual) Run	Men Advanced Group A	D0361	CHAN YUEN LUN	1:05:15	1:04:47	Please refer to E-Certificate
112	10km French Toast (Individual) Run	Men Advanced Group A	D0425	HO CHUN HUNG	1:06:22	1:05:44	Please refer to E-Certificate
113	10km French Toast (Individual) Run	Men Advanced Group A	D0486	LEE CHEUNG SHING	1:06:42	1:06:25	Please refer to E-Certificate
114	10km French Toast (Individual) Run	Men Advanced Group A	D0577	WONG MAN TUNG	1:06:45	1:06:23	Please refer to E-Certificate
115	10km French Toast (Individual) Run	Men Advanced Group A	D0426	HO GILBERT SIU HANG	1:06:51	1:06:21	Please refer to E-Certificate
116	10km French Toast (Individual) Run	Men Advanced Group A	D0561	TANG MING FAI	1:07:07	1:07:04	Please refer to E-Certificate
117	10km French Toast (Individual) Run	Men Advanced Group A	D0384	CHEUNG KAM SING	1:08:13	1:07:36	Please refer to E-Certificate
118	10km French Toast (Individual) Run	Men Advanced Group A	D0603	YAM CHI WAI ERIC	1:08:14	1:07:46	Please refer to E-Certificate
119	10km French Toast (Individual) Run	Men Advanced Group A	D0359	CHAN CYRUS	1:08:56	1:08:35	Please refer to E-Certificate
120	10km French Toast (Individual) Run	Men Advanced Group A	D0394	CHIU MAN KIT	1:08:58	1:08:50	Please refer to E-Certificate
121	10km French Toast (Individual) Run	Men Advanced Group A	D0411	CHUNG YEN	1:09:31	1:09:27	Please refer to E-Certificate
122	10km French Toast (Individual) Run	Men Advanced Group A	D0583	WONG KOON WAH	1:09:32	1:09:15	Please refer to E-Certificate
123	10km French Toast (Individual) Run	Men Advanced Group A	D0350	CHAN PETER	1:09:48	1:09:13	Please refer to E-Certificate
124	10km French Toast (Individual) Run	Men Advanced Group A	D0367	CHAN TSZ KIN	1:10:01	1:09:29	Please refer to E-Certificate
125	10km French Toast (Individual) Run	Men Advanced Group A	D0380	CHEUK YU CHEUNG	1:10:14	1:10:14	Please refer to E-Certificate
126	10km French Toast (Individual) Run	Men Advanced Group A	D0610	YIM KAI YAN	1:10:36	1:10:25	Please refer to E-Certificate
127	10km French Toast (Individual) Run	Men Advanced Group A	D0523	MAK TSZ HO	1:10:37	1:10:14	Please refer to E-Certificate
128	10km French Toast (Individual) Run	Men Advanced Group A	D0464	LAM TAT CHI	1:10:49	1:10:45	Please refer to E-Certificate
129	10km French Toast (Individual) Run	Men Advanced Group A	D0459	LAI CHI HO	1:11:10	1:10:44	Please refer to E-Certificate
130	10km French Toast (Individual) Run	Men Advanced Group A	D0407	CHUI CHUN YU	1:11:15	1:10:52	Please refer to E-Certificate
131	10km French Toast (Individual) Run	Men Advanced Group A	D0403	CHU KAI WING	1:11:40	1:11:31	Please refer to E-Certificate
132	10km French Toast (Individual) Run	Men Advanced Group A	D0363	CHAN ENOCH	1:11:41	1:11:28	Please refer to E-Certificate
133	10km French Toast (Individual) Run	Men Advanced Group A	D0414	FAN KAM HANG	1:11:49	1:11:33	Please refer to E-Certificate
134	10km French Toast (Individual) Run	Men Advanced Group A	D0527	MOK CHI ON	1:12:28	1:11:56	Please refer to E-Certificate
135	10km French Toast (Individual) Run	Men Advanced Group A	D0487	LEUNG KAI YU HENRY	1:12:34	1:12:12	Please refer to E-Certificate
136	10km French Toast (Individual) Run	Men Advanced Group A	D0597	WOO BRIAN SHIU ON	1:13:05	1:12:37	Please refer to E-Certificate
137	10km French Toast (Individual) Run	Men Advanced Group A	D0483	LEE HOK HIN	1:13:32	1:13:03	Please refer to E-Certificate
138	10km French Toast (Individual) Run	Men Advanced Group A	D0553	TAI MAN TANG	1:14:25	1:14:09	Please refer to E-Certificate
139	10km French Toast (Individual) Run	Men Advanced Group A	D0468	LAU SHONG SHING	1:15:50	1:15:44	Please refer to E-Certificate
140	10km French Toast (Individual) Run	Men Advanced Group A	D0612	YING MAURICE	1:15:54	1:15:13	Please refer to E-Certificate
141	10km French Toast (Individual) Run	Men Advanced Group A	D0481	LEE LAWRENCE	1:16:06	1:15:44	Please refer to E-Certificate
142	10km French Toast (Individual) Run	Men Advanced Group A	D0443	KAM YUK LUN	1:17:05	1:14:55	Please refer to E-Certificate
143	10km French Toast (Individual) Run	Men Advanced Group A	D0388	CHEUNG MAN KIT	1:17:05	1:14:43	Please refer to E-Certificate
144	10km French Toast (Individual) Run	Men Advanced Group A	D0593	WONG WAN CHEUK	1:19:38	1:19:08	Please refer to E-Certificate
145	10km French Toast (Individual) Run	Men Advanced Group A	D0455	KWONG LUN	1:21:27	1:20:45	Please refer to E-Certificate
146	10km French Toast (Individual) Run	Men Advanced Group A	D0599	WU WALTER	1:21:57	1:21:31	Please refer to E-Certificate
147	10km French Toast (Individual) Run	Men Advanced Group A	D0476	LAW KA CHUN	1:23:32	1:23:09	Please refer to E-Certificate
148	10km French Toast (Individual) Run	Men Advanced Group A	D0524	MAN SHEUNG MAN	1:26:23	1:25:53	Please refer to E-Certificate
149	10km French Toast (Individual) Run	Men Advanced Group A	D0499	LI YAT FAN	1:34:44	1:34:14	Please refer to E-Certificate
N/A	10km French Toast (Individual) Run	Men Advanced Group A	D0383	CHEUNG NATHAN	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group A	D0393	CHIU KING HIM LOUIS	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group A	D0415	FAN CHI WAI	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group A	D0421	FUNG LAURENCE	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group A	D0423	HAU HOK SAU	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group A	D0427	HO HOK LEUNG	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group A	D0439	IP KWOK HANG	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group A	D0450	KWOK TSZ CHING	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group A	D0460	LAI CHI CHEUNG	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group A	D0466	LAM CHUNG PING	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group A	D0485	LEE TAK MING	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group A	D0497	LEUNG CHEUK YIN	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group A	D0514	LUK ELVIS	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group A	D0538	PANG CHI KIT	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group A	D0540	POON ANDREW	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group A	D0548	SO CALVIN	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group A	D0571	TSEUNG SAI KIT	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group A	D0584	WONG GEORGE	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group A	D0594	WONG LAI HANG	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group A	D0606	YANG NAN	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group A	D0419	FU FONG KEI	DQ	DQ	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group A	D0417	FENG LIGUO	DQ	DQ	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group A	D0344	BEHAR NATHAN	DQ	DQ	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group A	D0454	KWOK EUGENE JULIAN	DQ	DQ	N/A

### 10km French Toast (Individual) Run - Women Advanced Group A

Rank	Competition	Category	Bib No.	Name (Eng)	Official Time	Chip Time	Burnt / Donated Calories
1	10km French Toast (Individual) Run	Women Advanced Group A	D0392	CHEUNG KA YEE	0:42:17	0:42:14	Please refer to E-Certificate
2	10km French Toast (Individual) Run	Women Advanced Group A	D0605	YAN ZHANG	0:47:19	0:47:19	Please refer to E-Certificate
3	10km French Toast (Individual) Run	Women Advanced Group A	D0416	FANG FANG	0:48:11	0:48:09	Please refer to E-Certificate
4	10km French Toast (Individual) Run	Women Advanced Group A	D0602	XU XIUMEI	0:48:12	0:48:05	Please refer to E-Certificate
5	10km French Toast (Individual) Run	Women Advanced Group A	D0505	LI FUNG SIN	0:48:54	0:48:20	Please refer to E-Certificate
6	10km French Toast (Individual) Run	Women Advanced Group A	D0465	LAM KWAN WAI	0:49:20	0:49:20	Please refer to E-Certificate
7	10km French Toast (Individual) Run	Women Advanced Group A	D0390	CHEUNG KA PO	0:55:05	0:54:53	Please refer to E-Certificate
8	10km French Toast (Individual) Run	Women Advanced Group A	D0546	SIN CHUNG FONG	0:55:21	0:55:21	Please refer to E-Certificate
9	10km French Toast (Individual) Run	Women Advanced Group A	D0607	YANG CAINAN	0:56:01	0:55:58	Please refer to E-Certificate



10	10km French Toast (Individual) Run	Women Advanced Group A	D0516	LUNG EMMA	0:56:11	0:56:00	Please refer to E-Certificate
11	10km French Toast (Individual) Run	Women Advanced Group A	D0623	YUNG WING HANG	0:56:19	0:55:45	Please refer to E-Certificate
12	10km French Toast (Individual) Run	Women Advanced Group A	D0475	LAU WAI YAN	0:56:55	0:56:42	Please refer to E-Certificate
13	10km French Toast (Individual) Run	Women Advanced Group A	D0457	LAI YAT WAI	0:57:13	0:57:08	Please refer to E-Certificate
14	10km French Toast (Individual) Run	Women Advanced Group A	D0500	LI ANNIE	0:57:27	0:56:56	Please refer to E-Certificate
15	10km French Toast (Individual) Run	Women Advanced Group A	D0498	LEUNG HOI NING	0:57:41	0:57:07	Please refer to E-Certificate
16	10km French Toast (Individual) Run	Women Advanced Group A	D0397	CHOI FIONA	0:58:07	0:58:03	Please refer to E-Certificate
17	10km French Toast (Individual) Run	Women Advanced Group A	D0531	NG GINA	0:59:38	0:59:33	Please refer to E-Certificate
18	10km French Toast (Individual) Run	Women Advanced Group A	D0614	YIU PUI SHAN	1:00:04	0:59:59	Please refer to E-Certificate
19	10km French Toast (Individual) Run	Women Advanced Group A	D0522	MAK KWAN YU QUEENDY	1:00:37	1:00:17	Please refer to E-Certificate
20	10km French Toast (Individual) Run	Women Advanced Group A	D0467	LAM KIT YING	1:00:58	1:00:48	Please refer to E-Certificate
21	10km French Toast (Individual) Run	Women Advanced Group A	D0615	YIU MAN KWAN JOSEPHINE	1:01:49	1:01:47	Please refer to E-Certificate
22	10km French Toast (Individual) Run	Women Advanced Group A	D0453	KWOK SUM LAN	1:01:51	1:01:15	Please refer to E-Certificate
23	10km French Toast (Individual) Run	Women Advanced Group A	D0356	CHAN YUKI	1:01:54	1:01:54	Please refer to E-Certificate
24	10km French Toast (Individual) Run	Women Advanced Group A	D0449	KWAN PANSY	1:02:07	1:01:58	Please refer to E-Certificate
25	10km French Toast (Individual) Run	Women Advanced Group A	D0619	YUM WAI YEE ELAINE	1:02:09	1:01:52	Please refer to E-Certificate
26	10km French Toast (Individual) Run	Women Advanced Group A	D0461	LAM YIP CHING	1:02:14	1:02:05	Please refer to E-Certificate
27	10km French Toast (Individual) Run	Women Advanced Group A	D0495	LEUNG KING YEE	1:02:33	1:02:17	Please refer to E-Certificate
28	10km French Toast (Individual) Run	Women Advanced Group A	D0378	CHENG KWAI FONG	1:02:39	1:02:12	Please refer to E-Certificate
29	10km French Toast (Individual) Run	Women Advanced Group A	D0405	CHU PUI YEE JENNY	1:03:30	1:03:30	Please refer to E-Certificate
30	10km French Toast (Individual) Run	Women Advanced Group A	D0581	WONG SHUK FAN	1:03:42	1:03:14	Please refer to E-Certificate
31	10km French Toast (Individual) Run	Women Advanced Group A	D0452	KWOK PHOEBE	1:03:43	1:03:41	Please refer to E-Certificate
32	10km French Toast (Individual) Run	Women Advanced Group A	D0370	CHAN YEE MAN	1:04:00	1:03:35	Please refer to E-Certificate
33	10km French Toast (Individual) Run	Women Advanced Group A	D0404	CHU YOLANDA	1:04:04	1:03:50	Please refer to E-Certificate
34	10km French Toast (Individual) Run	Women Advanced Group A	D0490	LEUNG CHO YEE	1:04:47	1:04:10	Please refer to E-Certificate
35	10km French Toast (Individual) Run	Women Advanced Group A	D0587	WONG KAR LAI	1:05:57	1:05:18	Please refer to E-Certificate
36	10km French Toast (Individual) Run	Women Advanced Group A	D0493	LEUNG MING YAN	1:06:00	1:05:26	Please refer to E-Certificate
37	10km French Toast (Individual) Run	Women Advanced Group A	D0418	FONG SAU YAN	1:06:14	1:06:03	Please refer to E-Certificate
38	10km French Toast (Individual) Run	Women Advanced Group A	D0537	NGAN SZE KI	1:06:19	1:05:50	Please refer to E-Certificate
39	10km French Toast (Individual) Run	Women Advanced Group A	D0406	CHU SHUI LUNG	1:06:34	1:06:58	Please refer to E-Certificate
40	10km French Toast (Individual) Run	Women Advanced Group A	D0365	CHAN YANKI	1:06:43	1:06:27	Please refer to E-Certificate
41	10km French Toast (Individual) Run	Women Advanced Group A	D0354	CHAN PIK SAI	1:07:26	1:06:46	Please refer to E-Certificate
42	10km French Toast (Individual) Run	Women Advanced Group A	D0373	CHAU WING SAN	1:07:47	1:07:37	Please refer to E-Certificate
43	10km French Toast (Individual) Run	Women Advanced Group A	D0441	JING MAN	1:07:48	1:07:29	Please refer to E-Certificate
44	10km French Toast (Individual) Run	Women Advanced Group A	D0494	LEUNG CHIN KIU	1:08:14	1:07:59	Please refer to E-Certificate
45	10km French Toast (Individual) Run	Women Advanced Group A	D0512	LUK CHUI YEE	1:08:29	1:08:12	Please refer to E-Certificate
46	10km French Toast (Individual) Run	Women Advanced Group A	D0474	LAU KA YEE	1:08:52	1:08:14	Please refer to E-Certificate
47	10km French Toast (Individual) Run	Women Advanced Group A	D0386	CHEUNG MAY	1:09:01	1:08:32	Please refer to E-Certificate
48	10km French Toast (Individual) Run	Women Advanced Group A	D0541	POON WENDY	1:09:11	1:08:32	Please refer to E-Certificate
49	10km French Toast (Individual) Run	Women Advanced Group A	D0574	WAN JANE YUK PING	1:09:27	1:08:54	Please refer to E-Certificate
50	10km French Toast (Individual) Run	Women Advanced Group A	D0374	CHEN YUEN YU	1:09:35	1:09:28	Please refer to E-Certificate
51	10km French Toast (Individual) Run	Women Advanced Group A	D0375	CHENG YIM YIM	1:10:12	1:09:34	Please refer to E-Certificate
52	10km French Toast (Individual) Run	Women Advanced Group A	D0501	LI YI ON YVONNE	1:10:18	1:09:41	Please refer to E-Certificate
53	10km French Toast (Individual) Run	Women Advanced Group A	D0591	WONG GRACE	1:11:42	1:11:29	Please refer to E-Certificate
54	10km French Toast (Individual) Run	Women Advanced Group A	D0469	LAU PUI YI	1:11:48	1:11:33	Please refer to E-Certificate
55	10km French Toast (Individual) Run	Women Advanced Group A	D0532	NG YEUNG CHI	1:12:17	1:11:48	Please refer to E-Certificate
56	10km French Toast (Individual) Run	Women Advanced Group A	D0470	LAU YIN WAN	1:12:27	1:12:17	Please refer to E-Certificate
57	10km French Toast (Individual) Run	Women Advanced Group A	D0431	HO KIT NUEN	1:12:58	1:12:17	Please refer to E-Certificate
58	10km French Toast (Individual) Run	Women Advanced Group A	D0539	POON HO YEE	1:13:07	1:12:53	Please refer to E-Certificate
59	10km French Toast (Individual) Run	Women Advanced Group A	D0508	LO WEDNESDAY	1:13:12	1:12:57	Please refer to E-Certificate
60	10km French Toast (Individual) Run	Women Advanced Group A	D0489	LEUNG YUEN SHAN	1:14:40	1:14:31	Please refer to E-Certificate
61	10km French Toast (Individual) Run	Women Advanced Group A	D0551	SO WAI CHING	1:14:48	1:14:26	Please refer to E-Certificate
62	10km French Toast (Individual) Run	Women Advanced Group A	D0438	IE FUNG CHU ALICE	1:14:50	1:14:25	Please refer to E-Certificate
63	10km French Toast (Individual) Run	Women Advanced Group A	D0556	TAM PO SHAN	1:15:00	1:14:28	Please refer to E-Certificate
64	10km French Toast (Individual) Run	Women Advanced Group A	D0588	WONG KIT SUM	1:15:14	1:14:49	Please refer to E-Certificate
65	10km French Toast (Individual) Run	Women Advanced Group A	D0528	NAGORCKA SAMANTHA JAYNE	1:15:20	1:15:06	Please refer to E-Certificate
66	10km French Toast (Individual) Run	Women Advanced Group A	D0517	LUO CHAN	1:15:30	1:15:14	Please refer to E-Certificate
67	10km French Toast (Individual) Run	Women Advanced Group A	D0401	CHOW WAI SHEUNG	1:16:03	1:15:27	Please refer to E-Certificate
68	10km French Toast (Individual) Run	Women Advanced Group A	D0608	YEUNG C	1:16:41	1:16:28	Please refer to E-Certificate
69	10km French Toast (Individual) Run	Women Advanced Group A	D0398	CHOI TAMMY	1:17:16	1:16:38	Please refer to E-Certificate
70	10km French Toast (Individual) Run	Women Advanced Group A	D0442	KA KIT YIP	1:17:27	1:17:00	Please refer to E-Certificate
71	10km French Toast (Individual) Run	Women Advanced Group A	D0595	WONG SIN YAU	1:18:04	1:17:31	Please refer to E-Certificate
72	10km French Toast (Individual) Run	Women Advanced Group A	D0482	LEE IRIS	1:18:33	1:18:09	Please refer to E-Certificate
73	10km French Toast (Individual) Run	Women Advanced Group A	D0555	TAM WING YIN	1:19:07	1:18:36	Please refer to E-Certificate
74	10km French Toast (Individual) Run	Women Advanced Group A	D0533	NG MAN GEE FLORENCE	1:19:14	1:19:01	Please refer to E-Certificate
75	10km French Toast (Individual) Run	Women Advanced Group A	D0503	LI WAI YU	1:19:43	1:19:35	Please refer to E-Certificate
76	10km French Toast (Individual) Run	Women Advanced Group A	D0598	WU KAREN	1:20:17	1:20:08	Please refer to E-Certificate
77	10km French Toast (Individual) Run	Women Advanced Group A	D0578	WONG WINNIE	1:20:52	1:20:37	Please refer to E-Certificate
78	10km French Toast (Individual) Run	Women Advanced Group A	D0473	LAU WING YING	1:21:01	1:20:15	Please refer to E-Certificate
79	10km French Toast (Individual) Run	Women Advanced Group A	D0520	MAK WING YIN	1:21:04	1:20:39	Please refer to E-Certificate
80	10km French Toast (Individual) Run	Women Advanced Group A	D0622	YUN VICTORIA	1:21:26	1:21:10	Please refer to E-Certificate
81	10km French Toast (Individual) Run	Women Advanced Group A	D0342	AU AUDREY	1:21:57	1:21:31	Please refer to E-Certificate
82	10km French Toast (Individual) Run	Women Advanced Group A	D0434	HUI PUI YIN	1:22:07	1:21:50	Please refer to E-Certificate
83	10km French Toast (Individual) Run	Women Advanced Group A	D0557	TANG KAM LAN CAROL	1:24:25	1:24:13	Please refer to E-Certificate
84	10km French Toast (Individual) Run	Women Advanced Group A	D0343	AU WAI LING EMILY	1:24:41	1:24:06	Please refer to E-Certificate
85	10km French Toast (Individual) Run	Women Advanced Group A	D0535	NG QUEENIE	1:26:15	1:26:08	Please refer to E-Certificate
86	10km French Toast (Individual) Run	Women Advanced Group A	D0458	LAI KA YEE CATALINA	1:26:17	1:25:50	Please refer to E-Certificate
87	10km French Toast (Individual) Run	Women Advanced Group A	D0573	TSUI YING WAI CHERRY	1:26:23	1:25:51	Please refer to E-Certificate
88	10km French Toast (Individual) Run	Women Advanced Group A	D0484	LEE MAN MAN	1:29:17	1:24:01	Please refer to E-Certificate
89	10km French Toast (Individual) Run	Women Advanced Group A	D0440	IU MEI PO	1:29:49	1:29:36	Please refer to E-Certificate
90	10km French Toast (Individual) Run	Women Advanced Group A	D0570	TSE HIU CHONG GERMAINE	1:34:39	1:29:22	Please refer to E-Certificate
91	10km French Toast (Individual) Run	Women Advanced Group A	D0579	WONG TAK YEE	1:37:05	1:36:27	Please refer to E-Certificate
N/A	10km French Toast (Individual) Run	Women Advanced Group A	D0352	CHAN FION	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Advanced Group A	D0364	CHAN BUNNY	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Advanced Group A	D0379	CHENG FONG TING	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Advanced Group A	D0391	CHEUNG SIU KI JULIUS	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Advanced Group A	D0399	CHOW ALICE	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Advanced Group A	D0424	HERRERO KAREN	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Advanced Group A	D0447	KWAN CHRISTINE	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Advanced Group A	D0478	LAW TSOI YI	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Advanced Group A	D0480	LEE MAN MAN	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Advanced Group A	D0488	LEUNG KA YI	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Advanced Group A	D0525	MAN QUEENIE	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Advanced Group A	D0536	NG FUNG WAH	DNS	DNS	N/A

N/A	10km French Toast (Individual) Run	Women Advanced Group A	D0567	TSE SO KWAN	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Advanced Group A	D0568	TSE MING WAI	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Advanced Group A	D0575	WOG YUET MING	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Advanced Group A	D0620	YUM WUN YEE	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Advanced Group A	D0621	YUM MAN YEE	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Advanced Group A	D0357	CHAN WAI KAN	DNS	DNS	N/A

**10km French Toast (Individual) Run - Men Advanced Group B**

Rank	Competition	Category	Bib No.	Name (Eng)	Official Time	Chip Time	Burnt / Donated Calories
1	10km French Toast (Individual) Run	Men Advanced Group B	E0719	LAM KWOK WUT	0:44:31	0:44:16	Please refer to E-Certificate
2	10km French Toast (Individual) Run	Men Advanced Group B	E0713	LAM WING HONG	0:44:54	0:44:53	Please refer to E-Certificate
3	10km French Toast (Individual) Run	Men Advanced Group B	E0818	WU SAMUEL	0:45:23	0:45:10	Please refer to E-Certificate
4	10km French Toast (Individual) Run	Men Advanced Group B	E0749	LO PAK KEI	0:46:02	0:46:01	Please refer to E-Certificate
5	10km French Toast (Individual) Run	Men Advanced Group B	E0674	FONG WAI SING	0:46:42	0:46:42	Please refer to E-Certificate
6	10km French Toast (Individual) Run	Men Advanced Group B	E0647	CHENG PATRICK	0:46:55	0:46:49	Please refer to E-Certificate
7	10km French Toast (Individual) Run	Men Advanced Group B	E0630	CHAN BILLY	0:47:15	0:47:15	Please refer to E-Certificate
8	10km French Toast (Individual) Run	Men Advanced Group B	E0722	LAM LIK SHAN	0:47:31	0:47:31	Please refer to E-Certificate
9	10km French Toast (Individual) Run	Men Advanced Group B	E0652	CHEUNG KIN HONG	0:48:30	0:48:27	Please refer to E-Certificate
10	10km French Toast (Individual) Run	Men Advanced Group B	E0798	TSANG SZE KIN HERBERT	0:49:07	0:48:47	Please refer to E-Certificate
11	10km French Toast (Individual) Run	Men Advanced Group B	E0789	TANG MAN HO	0:49:07	0:49:05	Please refer to E-Certificate
12	10km French Toast (Individual) Run	Men Advanced Group B	E0658	CHEUNG YUNG FAI	0:49:27	0:49:16	Please refer to E-Certificate
13	10km French Toast (Individual) Run	Men Advanced Group B	E0700	KO SIU KEUNG	0:49:44	0:49:36	Please refer to E-Certificate
14	10km French Toast (Individual) Run	Men Advanced Group B	E0808	WONG SIU WAI	0:49:58	0:49:50	Please refer to E-Certificate
15	10km French Toast (Individual) Run	Men Advanced Group B	E0664	CHEUNG GABRIEL	0:50:05	0:49:46	Please refer to E-Certificate
16	10km French Toast (Individual) Run	Men Advanced Group B	E0660	CHOI CHI KONG	0:50:09	0:50:01	Please refer to E-Certificate
17	10km French Toast (Individual) Run	Men Advanced Group B	E0656	CHEUNG LAP KEI	0:50:10	0:50:06	Please refer to E-Certificate
18	10km French Toast (Individual) Run	Men Advanced Group B	E0760	LUK CHAU MING	0:50:25	0:50:20	Please refer to E-Certificate
19	10km French Toast (Individual) Run	Men Advanced Group B	E0637	CHAN YIU KEONG	0:50:48	0:50:39	Please refer to E-Certificate
20	10km French Toast (Individual) Run	Men Advanced Group B	E0701	KO TAI CHIU	0:50:51	0:50:39	Please refer to E-Certificate
21	10km French Toast (Individual) Run	Men Advanced Group B	E0704	KWOK CHI YING	0:51:21	0:51:04	Please refer to E-Certificate
22	10km French Toast (Individual) Run	Men Advanced Group B	E0695	HUI JEFF	0:51:22	0:51:11	Please refer to E-Certificate
23	10km French Toast (Individual) Run	Men Advanced Group B	E0677	FUNG YIN HIM	0:51:25	0:51:08	Please refer to E-Certificate
24	10km French Toast (Individual) Run	Men Advanced Group B	E0624	AU WING KEI	0:51:42	0:51:32	Please refer to E-Certificate
25	10km French Toast (Individual) Run	Men Advanced Group B	E0737	LEUNG TO HOI	0:52:00	0:51:58	Please refer to E-Certificate
26	10km French Toast (Individual) Run	Men Advanced Group B	E0768	MAK HON CHUNG EDMUND	0:52:01	0:52:00	Please refer to E-Certificate
27	10km French Toast (Individual) Run	Men Advanced Group B	E0736	LEE WAI TAT	0:52:24	0:52:06	Please refer to E-Certificate
28	10km French Toast (Individual) Run	Men Advanced Group B	E0823	YEUNG YUK PO ALEX	0:52:57	0:52:36	Please refer to E-Certificate
29	10km French Toast (Individual) Run	Men Advanced Group B	E0641	CHAN CHI FAI REX	0:53:16	0:53:13	Please refer to E-Certificate
30	10km French Toast (Individual) Run	Men Advanced Group B	E0752	LO KEVIN	0:53:19	0:53:19	Please refer to E-Certificate
31	10km French Toast (Individual) Run	Men Advanced Group B	E0689	HO CHUN PONG	0:53:20	0:53:00	Please refer to E-Certificate
32	10km French Toast (Individual) Run	Men Advanced Group B	E0791	TANG KOON CHUNG	0:53:49	0:53:30	Please refer to E-Certificate
33	10km French Toast (Individual) Run	Men Advanced Group B	E0694	HUI MING TAK	0:54:06	0:54:04	Please refer to E-Certificate
34	10km French Toast (Individual) Run	Men Advanced Group B	E0725	LAU YIU CHEONG/BEN	0:54:13	0:54:03	Please refer to E-Certificate
35	10km French Toast (Individual) Run	Men Advanced Group B	E0803	WAN HO FUNG	0:54:17	0:54:15	Please refer to E-Certificate
36	10km French Toast (Individual) Run	Men Advanced Group B	E0675	FU CHI KIN	0:55:07	0:55:01	Please refer to E-Certificate
37	10km French Toast (Individual) Run	Men Advanced Group B	E0681	HAU YUK FAI	0:55:47	0:55:30	Please refer to E-Certificate
38	10km French Toast (Individual) Run	Men Advanced Group B	E0804	WAN CHUN PONG	0:56:20	0:56:15	Please refer to E-Certificate
39	10km French Toast (Individual) Run	Men Advanced Group B	E0629	CHAN CHIN HONG	0:56:23	0:56:22	Please refer to E-Certificate
40	10km French Toast (Individual) Run	Men Advanced Group B	E0744	LI CHI KEUNG	0:56:23	0:56:14	Please refer to E-Certificate
41	10km French Toast (Individual) Run	Men Advanced Group B	E0734	LEE SUNG KI	0:56:41	0:56:36	Please refer to E-Certificate
42	10km French Toast (Individual) Run	Men Advanced Group B	E0820	YAN KAM MAN	0:56:44	0:56:41	Please refer to E-Certificate
43	10km French Toast (Individual) Run	Men Advanced Group B	E0817	WONG TAK CHUNG	0:56:46	0:56:44	Please refer to E-Certificate
44	10km French Toast (Individual) Run	Men Advanced Group B	E0678	FUNG SHUN MING	0:57:04	0:56:57	Please refer to E-Certificate
45	10km French Toast (Individual) Run	Men Advanced Group B	E0714	LAM SHUI CHING	0:57:06	0:57:06	Please refer to E-Certificate
46	10km French Toast (Individual) Run	Men Advanced Group B	E0796	TONG PIU	0:57:16	0:57:14	Please refer to E-Certificate
47	10km French Toast (Individual) Run	Men Advanced Group B	E0644	CHAU KI HO	0:57:30	0:57:19	Please refer to E-Certificate
48	10km French Toast (Individual) Run	Men Advanced Group B	E0739	LEUNG JAMES	0:57:58	0:57:41	Please refer to E-Certificate
49	10km French Toast (Individual) Run	Men Advanced Group B	E0663	CHOI KA PO	0:58:22	0:58:12	Please refer to E-Certificate
50	10km French Toast (Individual) Run	Men Advanced Group B	E0649	CHEUNG KIN KAY	0:58:26	0:58:18	Please refer to E-Certificate
51	10km French Toast (Individual) Run	Men Advanced Group B	E0679	HADDOW ROB	0:59:41	0:59:34	Please refer to E-Certificate
52	10km French Toast (Individual) Run	Men Advanced Group B	E0703	KWAN KAI MING ANDREW	0:59:55	0:59:53	Please refer to E-Certificate
53	10km French Toast (Individual) Run	Men Advanced Group B	E0754	LOK LOUIS	1:00:04	0:59:42	Please refer to E-Certificate
54	10km French Toast (Individual) Run	Men Advanced Group B	E0731	LEE HAY	1:00:24	0:59:50	Please refer to E-Certificate
55	10km French Toast (Individual) Run	Men Advanced Group B	E0643	CHAU YUK FAI	1:00:25	1:00:25	Please refer to E-Certificate
56	10km French Toast (Individual) Run	Men Advanced Group B	E0723	LAU KWOK WING	1:00:46	1:00:41	Please refer to E-Certificate
57	10km French Toast (Individual) Run	Men Advanced Group B	E0708	LAI GARY	1:02:03	1:01:31	Please refer to E-Certificate
58	10km French Toast (Individual) Run	Men Advanced Group B	E0741	LEUNG YIU KWOK	1:02:23	1:02:23	Please refer to E-Certificate
59	10km French Toast (Individual) Run	Men Advanced Group B	E0697	IP JOHNNY	1:02:44	1:02:44	Please refer to E-Certificate
60	10km French Toast (Individual) Run	Men Advanced Group B	E0819	WU YAU KA	1:03:24	1:03:06	Please refer to E-Certificate
61	10km French Toast (Individual) Run	Men Advanced Group B	E0738	LEUNG KWOK SING	1:04:08	1:03:55	Please refer to E-Certificate
62	10km French Toast (Individual) Run	Men Advanced Group B	E0711	LAM KWOK WAH BILLY	1:04:39	1:04:28	Please refer to E-Certificate
63	10km French Toast (Individual) Run	Men Advanced Group B	E0777	NGAN SING YIN	1:05:10	1:04:56	Please refer to E-Certificate
64	10km French Toast (Individual) Run	Men Advanced Group B	E0758	LUI WAH MAN	1:05:10	1:05:02	Please refer to E-Certificate
65	10km French Toast (Individual) Run	Men Advanced Group B	E0756	LUI HEI TAT	1:05:21	1:04:43	Please refer to E-Certificate
66	10km French Toast (Individual) Run	Men Advanced Group B	E0627	CHAK CHI KWAN	1:05:26	1:05:02	Please refer to E-Certificate
67	10km French Toast (Individual) Run	Men Advanced Group B	E0747	LI MAN WA TIN	1:05:29	1:05:23	Please refer to E-Certificate
68	10km French Toast (Individual) Run	Men Advanced Group B	E0733	LEE CHI HANG RYUN	1:05:59	1:05:37	Please refer to E-Certificate
69	10km French Toast (Individual) Run	Men Advanced Group B	E0676	FU CHI WING JASON	1:06:33	1:06:18	Please refer to E-Certificate
70	10km French Toast (Individual) Run	Men Advanced Group B	E0735	LEE YIU TSO	1:06:37	1:06:13	Please refer to E-Certificate
71	10km French Toast (Individual) Run	Men Advanced Group B	E0781	SEK KIN MING	1:07:02	1:06:59	Please refer to E-Certificate
72	10km French Toast (Individual) Run	Men Advanced Group B	E0782	SI CHUNG FAI	1:07:22	1:06:51	Please refer to E-Certificate
73	10km French Toast (Individual) Run	Men Advanced Group B	E0633	CHAN LUI KWONG	1:07:39	1:07:26	Please refer to E-Certificate
74	10km French Toast (Individual) Run	Men Advanced Group B	E0672	FOK CHI CHUNG STEVE	1:08:32	1:08:13	Please refer to E-Certificate
75	10km French Toast (Individual) Run	Men Advanced Group B	E0666	CHOW KWOK CHOI	1:09:01	1:08:35	Please refer to E-Certificate
76	10km French Toast (Individual) Run	Men Advanced Group B	E0764	MA MARK	1:09:10	1:08:49	Please refer to E-Certificate
77	10km French Toast (Individual) Run	Men Advanced Group B	E0822	YEUNG KAI CHUNG	1:09:17	1:08:50	Please refer to E-Certificate
78	10km French Toast (Individual) Run	Men Advanced Group B	E0767	MAK CHRIS	1:09:20	1:09:03	Please refer to E-Certificate
79	10km French Toast (Individual) Run	Men Advanced Group B	E0650	CHEUNG SAU PUN	1:09:26	1:09:12	Please refer to E-Certificate
80	10km French Toast (Individual) Run	Men Advanced Group B	E0716	LAM CF	1:09:45	1:09:30	Please refer to E-Certificate
81	10km French Toast (Individual) Run	Men Advanced Group B	E0765	MA KWOK FAI	1:09:57	1:09:26	Please refer to E-Certificate
82	10km French Toast (Individual) Run	Men Advanced Group B	E0829	YU KIN WAH	1:10:49	1:10:33	Please refer to E-Certificate
83	10km French Toast (Individual) Run	Men Advanced Group B	E0775	NG CHI LOK	1:11:19	1:10:58	Please refer to E-Certificate
84	10km French Toast (Individual) Run	Men Advanced Group B	E0786	SUM TAK ON	1:11:38	1:11:05	Please refer to E-Certificate
85	10km French Toast (Individual) Run	Men Advanced Group B	E0730	LAW CHI MING	1:11:42	1:11:39	Please refer to E-Certificate
86	10km French Toast (Individual) Run	Men Advanced Group B	E0787	SZE YONG HONG	1:12:53	1:12:50	Please refer to E-Certificate
87	10km French Toast (Individual) Run	Men Advanced Group B	E0771	MISHRA DHANADA KANTA	1:13:47	1:13:27	Please refer to E-Certificate
88	10km French Toast (Individual) Run	Men Advanced Group B	E0625	AU YEUNG WAI KEUNG	1:14:01	1:13:43	Please refer to E-Certificate
89	10km French Toast (Individual) Run	Men Advanced Group B	E0657	CHEUNG KWOK LEUNG	1:14:52	1:14:35	Please refer to E-Certificate
90	10km French Toast (Individual) Run	Men Advanced Group B	E0706	KWOK LAI KEI	1:14:55	1:14:51	Please refer to E-Certificate
91	10km French Toast (Individual) Run	Men Advanced Group B	E0655	CHEUNG CHUN HING SMITH	1:17:00	1:16:24	Please refer to E-Certificate
92	10km French Toast (Individual) Run	Men Advanced Group B	E0718	LAM KENG TIM	1:17:21	1:16:56	Please refer to E-Certificate

93	10km French Toast (Individual) Run	Men Advanced Group B	E0801	TSUI YIU MAN	1:17:47	1:17:20	Please refer to E-Certificate
94	10km French Toast (Individual) Run	Men Advanced Group B	E0833	YUEN KIN HONG ERIC	1:18:41	1:18:23	Please refer to E-Certificate
95	10km French Toast (Individual) Run	Men Advanced Group B	E0682	HO YIU FUN	1:19:17	1:19:10	Please refer to E-Certificate
96	10km French Toast (Individual) Run	Men Advanced Group B	E0784	SIN KAM HUNG	1:20:34	1:20:26	Please refer to E-Certificate
97	10km French Toast (Individual) Run	Men Advanced Group B	E0799	TSE HUNG CHEUNG	1:21:53	1:21:35	Please refer to E-Certificate
98	10km French Toast (Individual) Run	Men Advanced Group B	E0687	HO KWOK FAI	1:22:08	1:22:00	Please refer to E-Certificate
99	10km French Toast (Individual) Run	Men Advanced Group B	E0680	HAU CODEN	1:22:22	1:22:08	Please refer to E-Certificate
100	10km French Toast (Individual) Run	Men Advanced Group B	E0748	LIU MAN HO	1:24:31	1:22:24	Please refer to E-Certificate
101	10km French Toast (Individual) Run	Men Advanced Group B	E0745	LI KING CHUNG	1:27:22	1:26:56	Please refer to E-Certificate
102	10km French Toast (Individual) Run	Men Advanced Group B	E0755	LOK CHUN TING	1:29:42	1:29:25	Please refer to E-Certificate
103	10km French Toast (Individual) Run	Men Advanced Group B	E0648	CHEUNG KWOK HING ANDY	1:30:23	1:30:14	Please refer to E-Certificate
104	10km French Toast (Individual) Run	Men Advanced Group B	E0794	TIN KWOK CHUNG MARTIN	1:34:02	1:33:52	Please refer to E-Certificate
N/A	10km French Toast (Individual) Run	Men Advanced Group B	E0626	BARKSHIRE WILLIAM	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group B	E0628	CHAN WING KIN	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group B	E0640	CHAN KI NGAI MARTIN	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group B	E0642	CHAU WING HUNG	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group B	E0688	HO FRANCO	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group B	E0690	HO WAI SHING	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group B	E0702	KWAN LAP SHUN	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group B	E0712	LAM CHI KIN	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group B	E0743	LEUNG CHI SANG	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group B	E0763	MA KA NING	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group B	E0772	MURCHIE ALEXANDER	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group B	E0776	NGAI LEE KEUNG	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group B	E0792	TANG SIU KIU LAWRENCE	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group B	E0807	WONG MICHAEL	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group B	E0810	WONG CHUN MAN	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group B	E0812	WONG KA SHUN SATO	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group B	E0824	YICK SHEUNG CHI DANNY	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group B	E0825	YIM FAI DICKY	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group B	E0906	LI KO KEI	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group B	E0790	TANG JASON	DQ	DQ	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group B	E0662	CHOI CHEUNG HEI	DQ	DQ	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group B	E0654	CHEUNG LOK MAN	DQ	DQ	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group B	E0669	CHUI KAM YIN	DQ	DQ	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group B	E0635	CHAN KENNETH	DQ	DQ	N/A
N/A	10km French Toast (Individual) Run	Men Advanced Group B	E0659	CHI KIN LO	DQ	DQ	N/A

#### 10km French Toast (Individual) Run - Women Advanced Group B

Rank	Competition	Category	Bib No.	Name (Eng)	Official Time	Chip Time	Burnt / Donated Calories
1	10km French Toast (Individual) Run	Women Advanced Group B	E0691	HO SALINA	0:54:11	0:54:11	Please refer to E-Certificate
2	10km French Toast (Individual) Run	Women Advanced Group B	E0809	WONG JOSEPHINE	0:54:35	0:54:31	Please refer to E-Certificate
3	10km French Toast (Individual) Run	Women Advanced Group B	E0831	YUEN MOU CHING	0:55:48	0:55:38	Please refer to E-Certificate
4	10km French Toast (Individual) Run	Women Advanced Group B	E0653	CHEUNG AH LAI PEGGY	0:57:17	0:56:57	Please refer to E-Certificate
5	10km French Toast (Individual) Run	Women Advanced Group B	E0709	LAI YIN LING	0:57:41	0:57:32	Please refer to E-Certificate
6	10km French Toast (Individual) Run	Women Advanced Group B	E0667	CHU JUDY	0:57:54	0:57:41	Please refer to E-Certificate
7	10km French Toast (Individual) Run	Women Advanced Group B	E0802	WAN SAM YI	0:58:42	0:58:40	Please refer to E-Certificate
8	10km French Toast (Individual) Run	Women Advanced Group B	E0800	TSUI TWINKY	0:59:47	0:59:40	Please refer to E-Certificate
9	10km French Toast (Individual) Run	Women Advanced Group B	E0668	CHU SHUI FUNG	0:59:48	0:59:33	Please refer to E-Certificate
10	10km French Toast (Individual) Run	Women Advanced Group B	E0710	LAM ANN	1:00:32	1:00:16	Please refer to E-Certificate
11	10km French Toast (Individual) Run	Women Advanced Group B	E0645	CHAU SUK CHING ESTHER	1:01:10	1:01:01	Please refer to E-Certificate
12	10km French Toast (Individual) Run	Women Advanced Group B	E0732	LEE CHRISTINE	1:01:19	1:01:00	Please refer to E-Certificate
13	10km French Toast (Individual) Run	Women Advanced Group B	E0632	CHAN LAI KIU	1:01:30	1:01:25	Please refer to E-Certificate
14	10km French Toast (Individual) Run	Women Advanced Group B	E0751	LO YUEN FONG	1:01:38	1:01:19	Please refer to E-Certificate
15	10km French Toast (Individual) Run	Women Advanced Group B	E0806	WONG PUI YU AMY	1:01:52	1:01:52	Please refer to E-Certificate
16	10km French Toast (Individual) Run	Women Advanced Group B	E0673	FONG KAREN	1:02:02	1:01:58	Please refer to E-Certificate
17	10km French Toast (Individual) Run	Women Advanced Group B	E0693	HON SUN YU	1:02:03	1:01:46	Please refer to E-Certificate
18	10km French Toast (Individual) Run	Women Advanced Group B	E0671	CHUNG MEI FONG WENDY	1:02:27	1:02:14	Please refer to E-Certificate
19	10km French Toast (Individual) Run	Women Advanced Group B	E0729	LAW YEE HUNG	1:04:48	1:04:27	Please refer to E-Certificate
20	10km French Toast (Individual) Run	Women Advanced Group B	E0705	KWOK SAU FONG	1:04:53	1:04:49	Please refer to E-Certificate
21	10km French Toast (Individual) Run	Women Advanced Group B	E0728	LAW TZE WAN	1:05:13	1:04:44	Please refer to E-Certificate
22	10km French Toast (Individual) Run	Women Advanced Group B	E0816	WONG CHRISTINA	1:05:34	1:05:16	Please refer to E-Certificate
23	10km French Toast (Individual) Run	Women Advanced Group B	E0805	WEN XUEPING	1:05:37	1:05:37	Please refer to E-Certificate
24	10km French Toast (Individual) Run	Women Advanced Group B	E0684	HO MANG YAU	1:05:54	1:05:52	Please refer to E-Certificate
25	10km French Toast (Individual) Run	Women Advanced Group B	E0727	LAU MEI KWAN	1:06:59	1:06:46	Please refer to E-Certificate
26	10km French Toast (Individual) Run	Women Advanced Group B	E0766	MACK YUK CHING	1:07:06	1:06:44	Please refer to E-Certificate
27	10km French Toast (Individual) Run	Women Advanced Group B	E0685	HO YING WAI	1:07:27	1:07:15	Please refer to E-Certificate
28	10km French Toast (Individual) Run	Women Advanced Group B	E0646	CHEUNG CHONG TIN LYKA	1:07:29	1:06:56	Please refer to E-Certificate
29	10km French Toast (Individual) Run	Women Advanced Group B	E0785	SO PO YIU BOBO	1:08:09	1:07:53	Please refer to E-Certificate
30	10km French Toast (Individual) Run	Women Advanced Group B	E0665	CHOW POH WAN, MICHELLE	1:08:54	1:08:54	Please refer to E-Certificate
31	10km French Toast (Individual) Run	Women Advanced Group B	E0788	TAM YEE MEI	1:09:32	1:09:03	Please refer to E-Certificate
32	10km French Toast (Individual) Run	Women Advanced Group B	E0761	LYNN MIYUKI	1:09:42	1:09:32	Please refer to E-Certificate
33	10km French Toast (Individual) Run	Women Advanced Group B	E0832	YUEN YIM KWAN	1:10:03	1:09:36	Please refer to E-Certificate
34	10km French Toast (Individual) Run	Women Advanced Group B	E0783	SIN WAI PING	1:10:04	1:09:36	Please refer to E-Certificate
35	10km French Toast (Individual) Run	Women Advanced Group B	E0740	LEUNG LAI HA	1:10:06	1:09:44	Please refer to E-Certificate
36	10km French Toast (Individual) Run	Women Advanced Group B	E0715	LAM PO LING PAULINE	1:10:13	1:10:09	Please refer to E-Certificate
37	10km French Toast (Individual) Run	Women Advanced Group B	E0753	LO SIU FUNG	1:10:22	1:10:19	Please refer to E-Certificate
38	10km French Toast (Individual) Run	Women Advanced Group B	E0780	QUAN MABEL	1:11:21	1:11:21	Please refer to E-Certificate
39	10km French Toast (Individual) Run	Women Advanced Group B	E0686	HO WAI YEE	1:11:26	1:11:14	Please refer to E-Certificate
40	10km French Toast (Individual) Run	Women Advanced Group B	E0717	LAM YAU LING CANDY	1:11:36	1:11:36	Please refer to E-Certificate
41	10km French Toast (Individual) Run	Women Advanced Group B	E0724	LAU YEE KWAN	1:12:29	1:12:08	Please refer to E-Certificate
42	10km French Toast (Individual) Run	Women Advanced Group B	E0692	HO MAEKO	1:13:20	1:13:16	Please refer to E-Certificate
43	10km French Toast (Individual) Run	Women Advanced Group B	E0698	IP SIU KWAN CATHY	1:13:49	1:13:20	Please refer to E-Certificate
44	10km French Toast (Individual) Run	Women Advanced Group B	E0779	PO CHUN	1:15:17	1:14:56	Please refer to E-Certificate
45	10km French Toast (Individual) Run	Women Advanced Group B	E0696	HUNG ON KI	1:15:32	1:14:57	Please refer to E-Certificate
46	10km French Toast (Individual) Run	Women Advanced Group B	E0828	YU WAI LAN	1:15:37	1:15:32	Please refer to E-Certificate
47	10km French Toast (Individual) Run	Women Advanced Group B	E0631	CHAN LAI WAN VENICE	1:16:02	1:15:59	Please refer to E-Certificate
48	10km French Toast (Individual) Run	Women Advanced Group B	E0750	LO YIN WA	1:16:55	1:16:31	Please refer to E-Certificate
49	10km French Toast (Individual) Run	Women Advanced Group B	E0827	YU WAI MAN	1:17:08	1:17:02	Please refer to E-Certificate
50	10km French Toast (Individual) Run	Women Advanced Group B	E0813	WONG PUI MAN	1:17:34	1:17:15	Please refer to E-Certificate
51	10km French Toast (Individual) Run	Women Advanced Group B	E0757	LUI WAI MAN	1:17:34	1:17:29	Please refer to E-Certificate
52	10km French Toast (Individual) Run	Women Advanced Group B	E0830	YUE SUK MAN	1:18:16	1:17:57	Please refer to E-Certificate
53	10km French Toast (Individual) Run	Women Advanced Group B	E0670	CHUNG YAN TUNG ANNIE	1:18:33	1:18:21	Please refer to E-Certificate

54	10km French Toast (Individual) Run	Women Advanced Group B	E0634	CHAN CARMEN WAI MAN	1:18:53	1:18:28	Please refer to E-Certificate
55	10km French Toast (Individual) Run	Women Advanced Group B	E0815	WONG YING LEE	1:19:31	1:19:02	Please refer to E-Certificate
56	10km French Toast (Individual) Run	Women Advanced Group B	E0651	CHEUNG MEI YI	1:19:52	1:19:36	Please refer to E-Certificate
57	10km French Toast (Individual) Run	Women Advanced Group B	E0720	LAM MEI FUNG	1:21:20	1:21:05	Please refer to E-Certificate
58	10km French Toast (Individual) Run	Women Advanced Group B	E0797	TONG SUGAR	1:21:35	1:21:28	Please refer to E-Certificate
59	10km French Toast (Individual) Run	Women Advanced Group B	E0759	LUK MEI KWAN	1:22:35	1:22:13	Please refer to E-Certificate
60	10km French Toast (Individual) Run	Women Advanced Group B	E0661	CHOI SZE MAN FANNY	1:22:44	1:22:40	Please refer to E-Certificate
61	10km French Toast (Individual) Run	Women Advanced Group B	E0795	TO SEE YING	1:22:59	1:22:50	Please refer to E-Certificate
62	10km French Toast (Individual) Run	Women Advanced Group B	E0814	WONG SUK KUEN	1:23:48	1:23:19	Please refer to E-Certificate
63	10km French Toast (Individual) Run	Women Advanced Group B	E0742	LEUNG FANNY	1:24:01	1:23:31	Please refer to E-Certificate
64	10km French Toast (Individual) Run	Women Advanced Group B	E0773	NG SAU KEI	1:24:09	1:23:49	Please refer to E-Certificate
65	10km French Toast (Individual) Run	Women Advanced Group B	E0793	TANG SIU KAM	1:27:29	1:27:04	Please refer to E-Certificate
66	10km French Toast (Individual) Run	Women Advanced Group B	E0639	CHAN MAN YI BIBIANA	1:30:21	1:30:13	Please refer to E-Certificate
67	10km French Toast (Individual) Run	Women Advanced Group B	E0770	MISHRA BABITA	1:33:17	1:32:57	Please refer to E-Certificate
68	10km French Toast (Individual) Run	Women Advanced Group B	E0683	HO PUI CHUN	1:36:12	1:35:44	Please refer to E-Certificate
N/A	10km French Toast (Individual) Run	Women Advanced Group B	E0636	CHAN MO LAN	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Advanced Group B	E0699	IP LAI MING MING	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Advanced Group B	E0707	KWOK KA YIN	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Advanced Group B	E0726	LAU NGA SZE	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Advanced Group B	E0746	LI KIT PING DILYS	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Advanced Group B	E0762	MA NGAN CHI	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Advanced Group B	E0769	MCGRENRA EMMA JANE	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Advanced Group B	E0774	NG MEI YEE	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Advanced Group B	E0778	OI CHUN TANG	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Advanced Group B	E0811	WONG CHOI SIU	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Advanced Group B	E0821	YAU MAN YEE	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Advanced Group B	E0826	YIP MUN SEE	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Advanced Group B	E0834	譚小燕	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Advanced Group B	E0638	CHAN SZE CHING MARGARET	DQ	DQ	N/A
N/A	10km French Toast (Individual) Run	Women Advanced Group B	E0721	LAM MEI LING AMY	DQ	DQ	N/A

**10km French Toast (Individual) Run - Men Master**

Rank	Competition	Category	Bib No.	Name (Eng)	Official Time	Chip Time	Burnt / Donated Calories
1	10km French Toast (Individual) Run	Men Master	F0892	WONG SING YUEN	0:52:34	0:51:57	Please refer to E-Certificate
2	10km French Toast (Individual) Run	Men Master	F0880	POK CHEUNG WAH	0:53:49	0:53:49	Please refer to E-Certificate
3	10km French Toast (Individual) Run	Men Master	F0895	WUT TAI MING	0:56:02	0:56:02	Please refer to E-Certificate
4	10km French Toast (Individual) Run	Men Master	F0878	MOORE PAUL	0:58:42	0:58:24	Please refer to E-Certificate
5	10km French Toast (Individual) Run	Men Master	F0862	LAM CHE CHEUNG	0:59:05	0:58:58	Please refer to E-Certificate
6	10km French Toast (Individual) Run	Men Master	F0845	CHAU STEPHEN	1:00:13	0:59:58	Please refer to E-Certificate
7	10km French Toast (Individual) Run	Men Master	F0874	LIN CHUN MING	1:01:14	1:01:07	Please refer to E-Certificate
8	10km French Toast (Individual) Run	Men Master	F0849	CHEUNG WAI TAK	1:03:02	1:02:03	Please refer to E-Certificate
9	10km French Toast (Individual) Run	Men Master	F0863	LAM KAM FAI	1:04:19	1:03:31	Please refer to E-Certificate
10	10km French Toast (Individual) Run	Men Master	F0856	FUNG WAI KUEN THOMAS	1:04:28	1:04:23	Please refer to E-Certificate
11	10km French Toast (Individual) Run	Men Master	F0890	WONG SHU HUNG	1:04:36	1:04:27	Please refer to E-Certificate
12	10km French Toast (Individual) Run	Men Master	F0865	LAW YIM MING	1:04:40	1:03:34	Please refer to E-Certificate
13	10km French Toast (Individual) Run	Men Master	F0860	KOO CHUN HUNG	1:05:19	1:05:13	Please refer to E-Certificate
14	10km French Toast (Individual) Run	Men Master	F0857	HOWES JOHN	1:07:09	1:06:51	Please refer to E-Certificate
15	10km French Toast (Individual) Run	Men Master	F0894	WU WAI SING	1:10:02	1:09:46	Please refer to E-Certificate
16	10km French Toast (Individual) Run	Men Master	F0872	LEUNG FUNG CHEUNG	1:11:40	1:11:36	Please refer to E-Certificate
17	10km French Toast (Individual) Run	Men Master	F0888	WONG KWOK HUNG	1:12:26	1:12:21	Please refer to E-Certificate
18	10km French Toast (Individual) Run	Men Master	F0859	KAM WK	1:12:55	1:12:29	Please refer to E-Certificate
19	10km French Toast (Individual) Run	Men Master	F0898	YEUNG WAI MING	1:12:57	1:12:54	Please refer to E-Certificate
20	10km French Toast (Individual) Run	Men Master	F0836	CHAN WAI ON	1:15:53	1:15:40	Please refer to E-Certificate
21	10km French Toast (Individual) Run	Men Master	F0858	KAM YIU MING	1:17:11	1:16:36	Please refer to E-Certificate
22	10km French Toast (Individual) Run	Men Master	F0873	LEUNG WAIKEUNG	1:18:38	1:17:57	Please refer to E-Certificate
23	10km French Toast (Individual) Run	Men Master	F0854	CHUNG NING MING	1:23:42	1:18:29	Please refer to E-Certificate
24	10km French Toast (Individual) Run	Men Master	F0839	CHAN CHUI HAY	1:23:57	1:23:35	Please refer to E-Certificate
25	10km French Toast (Individual) Run	Men Master	F0840	CHAN CHI KUEN	1:23:59	1:23:39	Please refer to E-Certificate
26	10km French Toast (Individual) Run	Men Master	F0899	YEUNG CHUNG HO	1:24:00	1:23:37	Please refer to E-Certificate
27	10km French Toast (Individual) Run	Men Master	F0875	LIU HAK MING	1:24:26	1:19:11	Please refer to E-Certificate
28	10km French Toast (Individual) Run	Men Master	F0848	CHEUNG KAM CHEUNG	1:24:51	1:19:35	Please refer to E-Certificate
29	10km French Toast (Individual) Run	Men Master	F0864	LAU FU HO	1:26:05	1:25:39	Please refer to E-Certificate
30	10km French Toast (Individual) Run	Men Master	F0879	NG KAM WAH	1:33:30	1:32:47	Please refer to E-Certificate
N/A	10km French Toast (Individual) Run	Men Master	F0838	CHAN KWONG CHING	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Master	F0841	CHAN TAK SHUN	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Master	F0883	SHEK KAM HEI	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Master	F0884	TAT TAT KEUNG	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Master	F0886	WHEELAN ANDREW	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Master	F0887	WONG KWOK WAH	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Master	F0896	YAN CHI MING	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Master	F0900	YIP WAI YUEN	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Men Master	F0847	CHENG MAN KEUNG	DQ	DQ	N/A
N/A	10km French Toast (Individual) Run	Men Master	F0897	YEA SING	DQ	DQ	N/A

**10km French Toast (Individual) Run - Women Master**

Rank	Competition	Category	Bib No.	Name (Eng)	Official Time	Chip Time	Burnt / Donated Calories
1	10km French Toast (Individual) Run	Women Master	F0843	CHAN FUK TAI WENDY	0:56:35	0:56:31	Please refer to E-Certificate
2	10km French Toast (Individual) Run	Women Master	F0867	LEE YUK YIN	0:59:05	0:58:59	Please refer to E-Certificate
3	10km French Toast (Individual) Run	Women Master	F0876	LO KING MAN	0:59:20	0:59:16	Please refer to E-Certificate
4	10km French Toast (Individual) Run	Women Master	F0852	CHUI KIT WING ROSA	1:02:54	1:02:52	Please refer to E-Certificate
5	10km French Toast (Individual) Run	Women Master	F0846	CHAU SHUK PING HELEN	1:05:05	1:04:58	Please refer to E-Certificate
6	10km French Toast (Individual) Run	Women Master	F0881	POON EMILY	1:06:23	1:06:08	Please refer to E-Certificate
7	10km French Toast (Individual) Run	Women Master	F0851	CHOW SABRINA	1:06:59	1:06:33	Please refer to E-Certificate
8	10km French Toast (Individual) Run	Women Master	F0861	LAM SUK LAN	1:08:16	1:07:52	Please refer to E-Certificate
9	10km French Toast (Individual) Run	Women Master	F0893	WONG SO YIN	1:11:20	1:10:44	Please refer to E-Certificate
10	10km French Toast (Individual) Run	Women Master	F0844	CHAN KAM LING MOLLY	1:16:06	1:15:20	Please refer to E-Certificate
11	10km French Toast (Individual) Run	Women Master	F0902	YU CINDY	1:20:13	1:19:26	Please refer to E-Certificate
12	10km French Toast (Individual) Run	Women Master	F0837	CHAN SHUI LAN ELINOR	1:21:48	1:21:40	Please refer to E-Certificate
13	10km French Toast (Individual) Run	Women Master	F0901	YU YIM MUI	1:24:00	1:23:38	Please refer to E-Certificate
14	10km French Toast (Individual) Run	Women Master	F0903	YUNG MUI YING	1:24:06	1:23:47	Please refer to E-Certificate
15	10km French Toast (Individual) Run	Women Master	F0891	WONG KAM FUNG	1:26:37	1:26:33	Please refer to E-Certificate
16	10km French Toast (Individual) Run	Women Master	F0842	CHAN SHOOK KWAN	1:27:17	1:27:13	Please refer to E-Certificate
17	10km French Toast (Individual) Run	Women Master	F0868	LEUNG MEE YING	1:29:47	1:29:39	Please refer to E-Certificate
18	10km French Toast (Individual) Run	Women Master	F0835	CHAN NG MUI	1:32:52	1:32:28	Please refer to E-Certificate
19	10km French Toast (Individual) Run	Women Master	F0850	CHING SOK FONG EVA	1:36:29	1:34:45	Please refer to E-Certificate
20	10km French Toast (Individual) Run	Women Master	F0853	CHUNG KWAN CHOI	1:36:38	1:31:22	Please refer to E-Certificate
21	10km French Toast (Individual) Run	Women Master	F0871	LEUNG GRACE	1:36:56	1:36:41	Please refer to E-Certificate
22	10km French Toast (Individual) Run	Women Master	F0866	LEE WAI LAN	1:37:39	1:36:53	Please refer to E-Certificate
23	10km French Toast (Individual) Run	Women Master	F0870	LEUNG PIK HA	1:38:19	1:38:06	Please refer to E-Certificate
24	10km French Toast (Individual) Run	Women Master	F0877	MA SUKKUEN	1:38:21	1:37:44	Please refer to E-Certificate
25	10km French Toast (Individual) Run	Women Master	F0869	LEUNG YI FONG PEGGY	1:44:47	1:44:39	Please refer to E-Certificate
26	10km French Toast (Individual) Run	Women Master	F0889	WONG MEI KUEN	1:47:29	1:42:14	Please refer to E-Certificate
N/A	10km French Toast (Individual) Run	Women Master	F0855	FONG FUNG YEE STELLA	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Master	F0882	ROBSON PATRICIA	DNS	DNS	N/A
N/A	10km French Toast (Individual) Run	Women Master	F0885	TSE FUNG YEE	DNS	DNS	N/A